Monday

Mushroom soup
Jamaican jerk tofu ‘steak’ with black bean salad
Vegetable and lentil curry with rice
Braised pork stroganoff with rice
Grilled Turkey melt with BBQ sauce and mozzarella

Tuesday

Cauliflower soup
Stuffed mushroom with leeks, quinoa, red onion and Tarragon oil
Black bean and vegetable ‘meatball marinara’
Grilled salmon with lemon and capers
Chargrilled chicken with chimichurri dressing

Wednesday

Tomato and basil soup
Brown rice vegetable biryani
Vegetable quiche with rocket salad
Italian baked chicken leg with tomato cassoulet
Paprika and lemon grilled Turkey escalope

Thursday

Celery soup
Quorn chili with jacket potato and vegan cheese
Cajun vegetable and cheese quesadilla
Roasted salmon kedgeree with boiled eggs and spiced yoghurt
Roast pork with apple sauce and gravy

Friday

Vegetable soup
Stir fried broccoli and tofu with chili soy
Baked pepper stuffed with roasted vegetable and feta couscous
Catch of the day
Chicken piri piri with butter baked rice

Saturday & Sunday (Brunch)

Sausage
Vegan Sausage
Bacon
Fried Egg
Scrambled egg
Mushrooms
Baked beans
Hash browns

All allergens for all dishes will be displayed in cafeteria.
If you have any further questions, please ask a member of the St Catharine’s catering team.
**Monday**

- Vegetable jambalaya
- Aubergine parmigiana
- Cod with chili, coriander butter and Savoy cabbage
- BBQ pork ribs with coleslaw

**Tuesday**

- Vegetable burrito
- Pasta with roasted courgette and crispy sage
- Lemon and black peppercorn breaded fish fillets with tartar sauce
- Chargrilled breast of chicken with red pepper and tomato sauce

**Wednesday**

- Chana masala with flatbread
- Vegetable chili rice
- Tandoori fish fillets with pickled red onion and coriander
- Chicken tikka masala

**Thursday**

- Vegetable tagine with couscous
- Fennel and garlic butter milk fried chicken nuggets with blue cheese coleslaw
- Lancashire hot pot
- Loaded jacket skins with bacon, brie and sauteed onions

**Friday**

- Jackfruit chili and rice
- Scampi
- Breaded pork steak with onion gravy
- Chicken and mushroom pie with gravy

**Saturday**

- Vegetable biryani
- Vegetable pizza with mozzarella
- Pepperoni pizza
- Sweet and sour pork with rice

**Sunday**

- Vegetable rice cakes with tomato dip
- Lentil loaf with spiced tomato sauce
- Grilled pork steak with mushroom sauce
- Chargrilled chicken with salsa Verde and roasted vegetable couscous

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