

Cafeteria Lunch Menus

13th -19th May

Monday

Mushroom soup
Jamaican jerk tofu 'steak' with black bean salad
Vegetable and lentil curry with rice
Braised pork stroganoff with rice
Grilled Turkey melt with BBQ sauce and mozzarella

Tuesday

Cauliflower soup
Stuffed mushroom with leeks, quinoa, red onion and Tarragon oil
Black bean and vegetable 'meatball marinara'
Grilled salmon with lemon and capers
Chargrilled chicken with chimichurri dressing

Wednesday

Tomato and basil soup
Brown rice vegetable biryani
Vegetable quiche with rocket salad
Italian baked chicken leg with tomato cassoulet
Paprika and lemon grilled Turkey escalope

Thursday

Celery soup
Quorn chili with jacket potato and vegan cheese
Cajun vegetable and cheese quesadilla
Roasted salmon kedgerree with boiled eggs and spiced yoghurt
Roast pork with apple sauce and gravy

Friday

Vegetable soup
Stir fried broccoli and tofu with chili soy
Baked pepper stuffed with roasted vegetable and feta couscous
Catch of the day
Chicken piri piri with butter baked rice

Saturday & Sunday (Brunch)

Sausage
Vegan Sausage
Bacon
Fried Egg
Scrambled egg
Mushrooms
Baked beans
Hash browns

All allergens for all dishes will be displayed in cafeteria.

If you have any further questions, please ask a member of the St Catharine's catering team.



Monday

Vegetable jambalaya

Aubergine parmigiana

Cod with chili, coriander butter and Savoy cabbage

BBQ pork ribs with coleslaw

Tuesday

Vegetable burrito

Pasta with roasted courgette and crispy sage

Lemon and black peppercorn breaded fish fillets with tartar sauce

Chargrilled breast of chicken with red pepper and tomato sauce

Wednesday

Chana masala with flatbread

Vegetable chili rice

Tandoori fish fillets with pickled red onion and coriander

Chicken tikka masala

Thursday

Vegetable tagine with couscous

Fennel and garlic butter milk fried chicken nuggets with blue cheese coleslaw

Lancashire hot pot

Loaded jacket skins with bacon, brie and sauteed onions



Cafeteria Dinner Menus

13th -19th May

Friday

Jackfruit chili and rice

Scampi

Breaded pork steak with onion gravy

Chicken and mushroom pie with gravy

Saturday

Vegetable biryani

Vegetable pizza with mozzarella

Pepperoni pizza

Sweet and sour pork with rice

Sunday

Vegetable rice cakes with tomato dip

Lentil loaf with spiced tomato sauce

Grilled pork steak with mushroom sauce

Chargrilled chicken with salsa Verde and roasted vegetable couscous

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