Monday

Sticky sesame and sweet chili tofu with wild rice
Hoisin Duck leg with cucumber, spring onion and chili
Sweet and sour vegetables with rice
Leek and potato soup

Tuesday

Seasonal greens with sunflower seed pesto and penne pasta
Turkey lasagna
Vegetable lasagna
Red pepper and tomato soup

Wednesday

Sweet potato with black bean and jackfruit chili
Rosemary, garlic, and mustard chicken breast
Root vegetable and lentil casserole
Spiced butternut soup

Thursday

Vegan sausage, vegetable and mixed bean stew
Roast gammon with apple sauce and mustard gravy
Root vegetable Wellington with rosemary cream sauce
Mushroom and tarragon soup

Friday

Buffalo wings with spiced chickpea salsa
Vegetable and bean burger with tomato, lettuce and cajun mayo
Battered fish with lemon and tartar sauce
Pea and mint soup

Saturday & Sunday (Brunch)

Sausage
Vegan Sausage
Bacon
Fried Egg
Scrambled egg
Mushrooms
Baked beans
Hash browns

While we take steps to minimise the risk of cross-contamination, all of our products are produced in an environment that contains other allergens.
Monday
Chili and garlic marinated cauliflower steak with toasted seeds
Vegetable risotto
Piri piri chicken thighs

Tuesday
Stuffed courgette with quinoa and vegetable
White bean and root vegetable bake
Bacon chop with apple chutney

Wednesday
Sunflower seed and basil pesto gnocchi
Aubergine parmigiana
Tuna pasta bake

Thursday
Roasted vegetable and kidney bean pilaf
Lentil sausage roll
Rosemary and garlic turkey escalope

Friday
Bbq tofu and vegetable glazed skewers
Macaroni cheese
BBQ glazed pork ribs

Saturday
Chickpea and aubergine rendang
Black bean and butternut chili
Chicken tikka masala

Sunday
Leek, butternut, onion pasta
Root vegetable and vegetable mince stew
Roast chicken leg

While we take steps to minimise the risk of cross-contamination, all of our products are produced in an environment that contains other allergens.