**MONDAY**
Vegetable and mustard pie (g,mu,c)
Steak and kidney pie (g,c)
Leek and brie stuffed mushroom (d)
Fish of the day

**TUESDAY**
Butternut and jack fruit thai curry (c,so)
Thai green curry (so,c)
Lamb kofta with pitta bread & onion salad (g,su)
Fish of the day

**WEDNESDAY**
Cajun tofu with baked cous cous (g,so,c)
Cajun pork Steak with peppers and onions
Cheese and onion quiche (d,g,e)
Fish of the day

**THURSDAY**
Onion tart tatin (g)
Black pepper sausages with onion gravy (g)
Slow roast chicken leg, apricot and sage stuffing and gravy
Fish of the day

**FRIDAY**
Cauliflower steak with salsa verde quinoa & roast tomato (sp)
Chicken wings in sweet chili sauce (ss,su,so,g)
Mustard and beer glazed pork (mu,su)
Battered fish (g,f)

**SATURDAY & SUNDAY**
BRUNCH
Sausage, Vegetarian Sausage, Bacon, Fried Egg, Scrambled egg, Mushrooms, Baked beans, Hash browns

(d) = dairy  (g) = gluten  (f) = fish  (c) = celery  (cr) = crustaceans  
(mu) = mustard  (p) = peanuts  (so) = soya  (e) = egg  (l) = lupin  
(mo) = molluscs  (n) = nuts  (ss) = sesame  (su) = sulphites
Cafeteria Dinner Menus
11th - 17th October 2021

MONDAY
Butternut and onion puff (g)
Minute steak with peppercorn sauce (c,d,su)
Cauliflower steak with grilled tomato and peppercorn sauce (c,d,su)
Fish of the day

TUESDAY
Vegetable hot pot (c)
Lamb hot pot (c,su)
Mustard and herb encrusted chicken breast (mu)
Fish of the day

WEDNESDAY
Curry night
Thai green vegetable (c)
Beef madras (mu,c)
Vegetable korma (mu,c)

THURSDAY
Herb, garlic and red onion gnocchi (g)
Tuna pasta bake (f,d,g)
Pork meatballs with creamy leek and mustard sauce (d,mu,c)
Feta and butternut quiche (d,g,e)

FRIDAY
Vegetable nachos (su)
Cajun chicken thighs and coleslaw (e,mu,su)
Macaroni cheese with tomato (g,d)
Fish of the day

SATURDAY
Courgette and red onion pizza (g)
Meat feast pizza (g,d,su)
Margarita pizza (g,d,su)

SUNDAY
Butternut and lentil cake (c,su)
Roast turkey breast with cranberry sauce
Braised Beef steak
Fish of the day

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans (mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin (mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites