

## MONDAY

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Spinach, red onion, mushroom  
and herb gnocchi (g)  
Breaded turkey escalope with coleslaw (e,d,g)  
Stuffed jacket potato  
with root vegetable stew (c,d)  
Fish of the day

## TUESDAY

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Butternut squash baked risotto ©  
Beef Lasagna (G,C,D,)  
Vegetable lasagna (c,g,d)  
Fish of the day

## WEDNESDAY

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Field mushroom, tomato & vegan  
sausage burger (g,ss)  
Breakfast Bap (sausage, egg, bacon) (g,e,ss)  
Bacon chop with pineapple salsa (su)  
Fish of the day

## THURSDAY

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Stuffed courgette with tomato sauce (c)  
Roast Chicken, sage and onion stuffing  
with thyme gravy  
Cauliflower cheese croquette (mu,d,g)  
Fish of the day



# Cafeteria Lunch Menus

20th - 26th  
September 2021

## FRIDAY

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Roasted vegetable and bean taco with salsa (su)  
Maple bbq pork ribs (su,mu)  
Lemon and garlic chicken breast with dressed  
greens Battered fish with tartare sauce (g,f)

## SATURDAY & SUNDAY

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### BRUNCH

Sausage, Vegetarian Sausage, Bacon, Fried Egg,  
Scrambled egg, Mushrooms, Baked beans,  
Hash browns



(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans  
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin  
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites

## MONDAY

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Vegetable stir fry with tofu (so,c,su)  
Chicken stir fry (so,su)  
Sweet and sour vegetables (su,so)  
Fish of the day

## TUESDAY

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Stuffed courgette with cous cous  
and roast vegetables (g)  
Lemon and herb turkey escalope  
Mushroom and bean gratin (g,c)  
Fish of the day

## WEDNESDAY

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### Pasta night

Vegetable bolognese (c,su)  
Beef bolognese (c,su)  
Bacon and mushroom Carbonara (c,su,d)

## THURSDAY

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Vegetable stew (c)  
Lamb and vegetable pie (g,c,su)  
Creamy vegetable pie (g,m,c)  
Fish of the day



# Cafeteria Dinner Menus

20th - 26th  
September 2021

## FRIDAY

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Gnocchi bake (g,c)  
Pork schnitzel with coleslaw (g,e,mu,d)  
Hunter's chicken (su,d)  
Scampi and tartar sauce (g,cr)

## SATURDAY

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Vegetable Burger with salad (g)  
Beef Burger with cheese and salad (g,ss)  
Chicken Burger (g,ss)

## SUNDAY

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Roast chicken with sage and onion stuffing  
and gravy  
Vegetable Wellington (g,c)  
Butternut and leek gratin (g,c,d)  
Fish of the day



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(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites