Cafeteria
Lunch
Menus
22nd - 28th November 2021

FRIDAY

Pulled jackfruit and roasted vegetable pitta (g)
Gammon and egg (e)
Individual herby sausage roll with homemade baked beans (g)
Breaded Fish (g,m,f)

SATURDAY & SUNDAY

BRUNCH
Sausage, Vegetarian Sausage, Bacon, Fried Egg, Scrambled egg, Mushrooms, Baked beans, Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans (mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin (mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites
MONDAY

Soy and sesame grilled aubergine
with coriander and onion salad (su,so,ss)
Hoisin duck leg with cucumber, ginger
and chilli (su,so,ss,g)
Sweet chilli chicken (su, so)
Fish of the day

TUESDAY

Vegetable and bean wrap (c,g)
Beef lasagna (g,d,c)
Vegetable lasagna (g,d,c)
Fish of the day

WEDNESDAY

Vegetable jambalaya (c)
Dirty hot dog (d,c,g)
Mac and cheese (d,g,mu)
Fish of the day

THURSDAY

Roasted vegetable pitta with
spiced tomato compote (d,su,c)
Lamb kofta with onion salad
and spicy sauce (mu,c,su)
Cajun chicken thighs
Fish of the day

FRIDAY

Black beans with tofu and chilli (so)
Southern fried chicken (mu,g,d)
Aubergine parmigiana (c,g,d)
Fish of the day

SATURDAY

Roast vegetable pizza with rocket (g, su)
Chicken burger with bbq Sauce (g,ss, su, mu)
Pulled BBQ jack fruit bun (g,se, su, mu)

SUNDAY

Red onion, squash and spinach bake (c)
Roast pork with apple sauce
Vegetable Wellington (e,g,c)
Fish of the day

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