Cafeteria Lunch Menus

25th - 31st October 2021

MONDAY

Spinach, red onion, mushroom and herb gnocchi (g)
Breaded turkey escalope with coleslaw (e,d,g)
Stuffed jacket potato with root vegetable stew (c,d)
Fish of the day

TUESDAY

Butternut squash baked risotto ©
Beef Lasagna (G,C,D,)
Vegetable lasagna (c,g,d)
Fish of the day

WEDNESDAY

Field mushroom, tomato & vegan sausage burger (g,ss)
Breakfast Bap (sausage, egg, bacon) (g,e,ss)
Bacon chop with pineapple salsa (su)
Fish of the day

THURSDAY

Stuffed courgette with tomato sauce (c)
Roast Chicken, sage and onion stuffing with thyme gravy
Cauliflower cheese croquette (mu,d,g)
Fish of the day

FRIDAY

Roasted vegetable and bean taco with salsa (su)
Maple bbq pork ribs (su,mu)
Lemon and garlic chicken breast with dressed greens Battered fish with tartare sauce (g,f)

SATURDAY & SUNDAY

BRUNCH

Sausage, Vegetarian Sausage, Bacon, Fried Egg, Scrambled egg, Mushrooms, Baked beans, Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites

Cafeteria Dinner Menus

25th - 31st October 2021

MONDAY

Vegetable stir fry with tofu (so,c,su)
Chicken stir fry (so,su)
Sweet and sour vegetables (su,so)
Fish of the day

TUESDAY

Stuffed courgette with cous cous and roast vegetables (g)
Lemon and herb turkey escalope
Mushroom and bean gratin (g,c)
Fish of the day

WEDNESDAY

Pasta night
Vegetable bolognaise (c,su)
Beef bolognaise (c,su)
Bacon and mushroom Carbonara (c,su,d)

THURSDAY

Vegetable stew (c)
Lamb and vegetable pie (g,c,su)
Creamy vegetable pie (g,m,c)
Fish of the day

FRIDAY

Gnocchi bake (g,c)
Pork schnitzel with coleslaw (g,e,mu,d)
Hunter's chicken (su,d)
Scampi and tartar sauce (g,cr)

SATURDAY

Vegetable Burger with salad (g)
Beef Burger with cheese and salad (g,ss)
Chicken Burger (g,ss)

SUNDAY

Roast chicken with sage and onion stuffing and gravy
Vegetable Wellington (g,c)
Butternut and leek gratin (g,c,d)
Fish of the day

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(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites