MONDAY

Black bean and vegetable chili (c)
Chili con carne (c)
Spiced butternut & sweet potato
    with coconut & coriander (c)
Fish of the day

TUESDAY

Chargrilled soy glazed & sesame aubergine
    with wild rice (so,ss)
Confit duck leg in hoisin glaze
    and onion salad (so,g,su)
Sweet and sour chicken breast (su)
Fish of the day

WEDNESDAY

Lentil and vegetable sausage roll (g,c)
Paprika and herb chicken thighs
Vegetable & Quorn stew (c)
Fish of the day

THURSDAY

Red onion and courgette, mushroom
    Wellington (c,g)
Roast Beef with Yorkshire & gravy (g,e,c)
Pork steak with mushroom sauce (c,d)
Fish of the day

FRIDAY

Buffalo wings in chili sauce (so,su,ss)
Chargrilled chicken burger
    with garlic mayo (g,e,ss)
Vegetable and bean patty with
    tomato compote (c,su)
Battered fish with tartare sauce (g,f)

SATURDAY & SUNDAY

BRUNCH
Sausage, Vegetarian Sausage, Bacon, Fried Egg,
Scrambled egg, Mushrooms, Baked beans,
Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
    (mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites
Cafeteria
Dinner
Menus
27th September - 3rd October 2021

MONDAY
Vegetable chickpea curry (mu,c)
Lamb curry (mu,c)
Chicken curry (mu,c)
Fish of the day

TUESDAY
Stuffed pepper with tomato sauce (g,c,su)
Chicken thighs
Vegetable pasta bake (g,d)
Fish of the day

WEDNESDAY
Jacket potato night
Vegetable curry (mu,c)
Tuna sweetcorn mayonnaise (f,e,mu)
Beef Chili (su,c)
Sausage, pepper and red onion (g)

THURSDAY
Roasted veg, olives and tomato sauce with pasta (g,c,su)
Herb and garlic turkey escalope
Baked mushroom risotto (c,d)
Fish of the day

FRIDAY
Vegetable burrito (g)
Gammon steak with egg (e)
Beef meatballs with tomato sauce (c)
Fish of the day

SATURDAY
Courgette and red onion pizza (g,su)
Meat feast pizza (g,d,su)
Margarita pizza (g,d,su)

SUNDAY
Beetroot and sweet potato puff (g)
Roast beef with Yorkshire pudding and gravy (e,g,d,c)
Mustard glazed chicken breast (mu)
Fish of the day

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans (mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin (mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites