MONDAY
Spinach, red onion, mushroom and herb gnocchi (g)
Breaded turkey escalope with coleslaw (e,d,g)
Stuffed jacket potato with root vegetable stew (c,d)
Fish of the day

TUESDAY
Butternut squash baked risotto ©
Beef Lasagna (G,C,D,)
Vegetable lasagna (c,g,d)
Fish of the day

WEDNESDAY
Field mushroom, tomato & vegan sausage burger (g,ss)
Breakfast Bap (sausage, egg, bacon) (g,e,ss)
Bacon chop with pineapple salsa (su)
Fish of the day

THURSDAY
Stuffed courgette with tomato sauce (c)
Roast Chicken, sage and onion stuffing with thyme gravy
Cauliflower cheese croquette (mu,d,g)
Fish of the day

FRIDAY
Roasted vegetable and bean taco with salsa (su)
Maple bbq pork ribs (su,mu)
Lemon and garlic chicken breast with dressed greens Battered fish with tartare sauce (g,f)

SATURDAY & SUNDAY
BRUNCH
Sausage, Vegetarian Sausage, Bacon, Fried Egg, Scrambled egg, Mushrooms, Baked beans, Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans (mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin (mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites
**MONDAY**

Soy and sesame grilled aubergine with coriander and onion salad (su,so,ss)
Hoisin duck leg with cucumber, ginger and chilli (su,so,ss,g)
Sweet chilli chicken (su, so)

**TUESDAY**

Vegetable and bean wrap (c,g)
Beef lasagna (g,d,c)
Vegetable lasagna (g,d,c)
Fish of the day

**WEDNESDAY**

Vegetable jambalaya (c)
Dirty hot dog (d,c,g)
Mac and cheese (d,g,mu)
Fish of the day

**THURSDAY**

Roasted vegetable pitta with spiced tomato compote (d,su,c)
Lamb kofta with onion salad and spicy sauce (mu,c,su)
Cajun chicken thighs
Fish of the day

**FRIDAY**

Black beans with tofu and chilli (so)
Southern fried chicken (mu,g,d)
Aubergine parmigiana (c,g,d)
Fish of the day

**SATURDAY**

Roast vegetable pizza with rocket (g, su)
Chicken burger with bbq Sauce (g,ss, su, mu)
Pulled BBQ jack fruit bun (g,se,su, mu)

**SUNDAY**

Red onion, squash and spinach bake (c)
Roast pork with apple sauce
Vegetable Wellington (e,g,c)
Fish of the day

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