**MONDAY**

- Black bean and vegetable chili (c)
- Chili con carne (c)
- Spiced butternut & sweet potato with coconut & coriander (c)
- Fish of the day

**TUESDAY**

- Chargrilled soy glazed & sesame aubergine with wild rice (so,ss)
- Confit duck leg in hoisin glaze and onion salad (so,g,su)
- Sweet and sour chicken breast (su)
- Fish of the day

**WEDNESDAY**

- Lentil and vegetable sausage roll (g,c)
- Paprika and herb chicken thighs
- Vegetable & Quorn stew (c)
- Fish of the day

**THURSDAY**

- Red onion and courgette, mushroom Wellington (c,g)
- Roast Beef with Yorkshire & gravy (g,e,c)
- Pork steak with mushroom sauce (c,d)
- Fish of the day

**FRIDAY**

- Buffalo wings in chili sauce (so,su,ss)
- Chargrilled chicken burger with garlic mayo (g,e,ss)
- Vegetable and bean patty with tomato compote (c,su)
- Battered fish with tartare sauce (g,f)

**SATURDAY & SUNDAY**

**BRUNCH**

- Sausage, Vegetarian Sausage, Bacon, Fried Egg, Scrambled egg, Mushrooms, Baked beans, Hash browns

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(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans (mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin (mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites
FRIDAY
Gnocchi bake (g,c)
Pork schnitzel with coleslaw (g,e,mu,d)
Hunter’s chicken (su,d)
Scampi and tartar sauce (g,cr)

SATURDAY
Vegetable Burger with salad (g)
Beef Burger with cheese and salad (g,ss)
Chicken Burger (g,ss)

SUNDAY
Roast chicken with sage and onion stuffing and gravy
Vegetable Wellington (g,c)
Butternut and leek gratin (g,c,d)
Fish of the day

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MONDAY
Vegetable stir fry with tofu (so,c,su)
Chicken stir fry (so, su)
Sweet and sour vegetables (su,so)
Fish of the day

TUESDAY
Stuffed courgette with cous cous and roast vegetables (g)
Lemon and herb turkey escalope
Mushroom and bean gratin (g,c)
Fish of the day

WEDNESDAY
Pasta night
Vegetable bolognase (c,su)
Beef bolognase (c, su)
Bacon and mushroom Carbonara (c, su, d)

THURSDAY
Vegetable stew (c)
Lamb and vegetable pie (g, c, su)
Creamy vegetable pie (g, m, c)
Fish of the day

SUNDAY
Roast chicken with sage and onion stuffing and gravy
Vegetable Wellington (g,c)
Butternut and leek gratin (g,c,d)
Fish of the day