Cafeteria
Lunch
Menus
6th - 12th
December 2021

MONDAY
Spinach, red onion, mushroom and herb gnocchi (g)
Breaded turkey escalope with coleslaw (e,d,g)
Stuffed jacket potato with root vegetable stew (c,d)
Fish of the day

TUESDAY
Butternut squash baked risotto ©
Beef Lasagna (G,C,D,)
Vegetable lasagna (c,g,d)
Fish of the day

WEDNESDAY
Field mushroom, tomato & vegan sausage burger (g,ss)
Breakfast Bap (sausage, egg, bacon) (g,e,ss)
Bacon chop with pineapple salsa (su)
Fish of the day

THURSDAY
Stuffed courgette with tomato sauce (c)
Roast Chicken, sage and onion stuffing with thyme gravy
Cauliflower cheese croquette (mu,d,g)
Fish of the day

FRIDAY
Roasted vegetable and bean taco with salsa (su)
Maple bbq pork ribs (su,mu)
Lemon and garlic chicken breast with dressed greens Battered fish with tartare sauce (g,f)

SATURDAY & SUNDAY
BRUNCH
Sausage, Vegetarian Sausage, Bacon, Fried Egg, Scrambled egg, Mushrooms, Baked beans, Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans (mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin (mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites
**MONDAY**

Vegetable chickpea curry (mu,c)
Lamb curry (mu,c)
Chicken curry (mu,c)
Fish of the day

**TUESDAY**

Stuffed pepper with tomato sauce (g,c,su)
Chicken thighs
Vegetable pasta bake (g,d)
Fish of the day

**WEDNESDAY**

**Jacket potato night**
Vegetable curry (mu,c)
Tuna sweetcorn mayonnaise (f,e,mu)
Beef Chili (su,c)
Sausage, pepper and red onion (g)

**THURSDAY**

Roasted veg, olives and tomato sauce with pasta (g,c,su)
Herb and garlic turkey escalope
Baked mushroom risotto (c,d)
Fish of the day

**FRIDAY**

Vegetable burrito (g)
Gammon steak with egg (e)
Beef meatballs with tomato sauce (c)
Fish of the day

**SATURDAY**

Courgette and red onion pizza (g,su)
Meat feast pizza (g,d,su)
Margarita pizza (g,d,su)

**SUNDAY**

Beetroot and sweet potato puff (g)
Roast beef with Yorkshire pudding and gravy (e,g,d,c)
Mustard glazed chicken breast (mu)
Fish of the day

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