MONDAY
BBQ tofu and pepper skewers (su,mu)
Oven baked Mediterranean vegetable orzo
  with basil and capers (c,g,su)
Bacon chop with tomato compote (su)
Turkey escalope with chimichurri (su)
Fish of the day

TUESDAY
Jacket potato stuffed with garlic, mushrooms,
  red onion and spinach
Jackfruit and lentil stew (c)
Coq au vin (c,su)
Pork steak with mustard cream sauce (mu,c,su,d)
Fish of the day

WEDNESDAY
Bean and vegetable stew
  with vegan sausages (c,g)
Root vegetable and mustard crumble (c,g,mu)
Orange braised duck leg (c)
Chicken with mushroom and bacon
Fish of the day

THURSDAY
Quinoa, black bean and butternut
  squash chilli (c)
Mushroom risotto (c,d)
Roast beef with Yorkshire pudding (c,d,g,e)
Leg of lamb steak with salsa verde (su)
Fish of the day

FRIDAY
Baked pepper with vegetables
  and vegan cheese
Macaroni cheese with tomato (d,g)
BBQ glazed chicken breast (su,mu)
Cajun sausages with peppers and onion (g)
Battered fish (g,f)

SATURDAY & SUNDAY
BRUNCH
Sausage, Vegetarian Sausage, Bacon, Fried Egg,
Scrambled egg, Mushrooms, Baked beans,
Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites (a) = alcohol
**MONDAY**

- Stuffed pepper with couscous and vegetable (g,c)
- Ricotta and spinach tortellini with tomato bake (g,d,c)
- Bacon and mushroom pasta bake (g,d,su)
- Oregano and paprika chicken
- Fish of the day

**TUESDAY**

- Vegetable and black bean chili (c,su)
- Stuffed mushroom with brie, onion & leeks (d)
- Turkey chili (c,su)
- Cajun sausages with roast pepper and onion (g)
- Fish of the day

**WEDNESDAY**

- Jackfruit Thai curry (su,c,so)
- Onion bhajis with spiced compote (c,mu,g)
- Chicken korma (mu,c,d)
- Lamb madras (mu,c)
- Fish of the day

**THURSDAY**

- Tofu steak with spinach, onion and beans (so)
- Beetroot and sweet potato pastry (g,d)
- Breaded turkey escalope with spiced onion chutney (su,g,e)
- Sweet chili duck leg (su,so)
- Fish of the day

**FRIDAY**

- Vegetable tacos with tomato chutney (su,c)
- Tomato and mozzarella arranchini (d,g,e)
- Minute steak with mushroom cream sauce (c,d)
- Herb and garlic bacon chop
- Fish of the day

**SATURDAY**

- BBQ jackfruit pizza (g,su,so)
- Margarita pizza (g,d,su)
- Meat feast pizza (g,d,su)
- Cajun chicken
- Fish of the day

**SUNDAY**

- Root vegetable and bean stew (c)
- Cheese and onion puff (d,g)
- Roast chicken leg with onion gravy
- Pork chop with apple gravy
- Fish of the day

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