

MONDAY

BBQ tofu and pepper skewers (su,mu)
Oven baked Mediterranean vegetable orzo
with basil and capers (c,g,su)
Bacon chop with tomato compote (su)
Turkey escalope with chimichurri (su)
Fish of the day

TUESDAY

Jacket potato stuffed with garlic, mushrooms,
red onion and spinach
Jackfruit and lentil stew (c)
Coq au vin (c,su)
Pork steak with mustard cream sauce (mu,c,su,d)
Fish of the day

WEDNESDAY

Bean and vegetable stew
with vegan sausages (c,g)
Root vegetable and mustard crumble (c,g,mu)
Orange braised duck leg (c)
Chicken with mushroom and bacon
Fish of the day

THURSDAY

Quinoa, black bean and butternut
squash chilli (c)
Mushroom risotto (c,d)
Roast beef with Yorkshire pudding (c,d,g,e)
Leg of lamb steak with salsa verde (su)
Fish of the day



Cafeteria Lunch Menus

21st -27th
February 2022

FRIDAY

Baked pepper with vegetables
and vegan cheese
Macaroni cheese with tomato (d,g)
BBQ glazed chicken breast (su,mu)
Cajun sausages with peppers and onion (g)
Battered fish (g,f)

SATURDAY & SUNDAY

BRUNCH

Sausage, Vegetarian Sausage, Bacon, Fried Egg,
Scrambled egg, Mushrooms, Baked beans,
Hash browns



(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites (a) = alcohol

MONDAY

Stuffed pepper with cous cous
and vegetable (g,c)
Ricotta and spinach tortellini
with tomato bake (g,d,c)
Bacon and mushroom pasta bake (g,d,su)
Oregano and paprika chicken
Fish of the day

TUESDAY

Vegetable and black bean chili (c,su)
Stuffed mushroom with brie, onion & leeks (d)
Turkey chili (c,su)
Cajun sausages with roast pepper and onion (g)
Fish of the day

WEDNESDAY

Jackfruit Thai curry (su,c,so)
Onion bhajis with spiced compote (c,mu,g)
Chicken korma (mu,c,d)
Lamb madras (mu,c)
Fish of the day

THURSDAY

Tofu steak with spinach, onion and beans (so)
Beetroot and sweet potato pastry (g,d)
Breaded turkey escalope
with spiced onion chutney (su,g,e)
Sweet chili duck leg (su,so)
Fish of the day



Cafeteria Dinner Menus

21st -27th
February 2022

FRIDAY

Vegetable tacos with tomato chutney (su,c)
Tomato and mozzarella arranchini (d,g,e)
Minute steak
with mushroom cream sauce (c,d)
Herb and garlic bacon chop
Fish of the day

SATURDAY

BBQ jackfruit pizza (g,su,so)
Margarita pizza (g,d,su)
Meat feast pizza (g,d,su)
Cajun chicken
Fish of the day

SUNDAY

Root vegetable and bean stew (c)
Cheese and onion puff (d,g)
Roast chicken leg with onion gravy
Pork chop with apple gravy
Fish of the day



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