MONDAY
Lentil and vegetable bolognese
with spaghetti (g,su,c)
Roasted vegetable pita bread
with spiced tomato compote (g,su)
Lamb and pepper gratin (c,g)
Chicken tikka pasty (g)
Fish of the day

TUESDAY
Roasted root filo parcels (g)
Butternut, lentil and feta cake (d,c)
Pork steak with apple, red onion
and mustard (mu)
Turkey lasagne (c,d,mu,su)
Fish of the day

WEDNESDAY
Chickpea and spinach curry (mu,c)
Marinated tofu steak with stir fry vegetables
(c,su,so)
Hoi sin glazed duck leg with cucumber
and spring onions (su)
Bacon chop with salsa (su)
Fish of the day

THURSDAY
Thai green vegetable curry with rice (c,so)
Butternut and red onion Wellington (g)
Steak and kidney pie (c,su,g)
Chicken breast with white wine sauce (su,d,c)
Fish of the day

FRIDAY
Vegan burger with lettuce, tomato (ss,g)
Jacket potato with cheese and beans (d)
Sweet chili sausages glazed in sticky chili sauce
(g, su, so)
Turkey escalope with celeriac remoulade
(c, mu, e)
Battered fish (g,f)

SATURDAY & SUNDAY
BRUNCH
Sausage, Vegetarian Sausage, Bacon, Fried Egg,
Scrambled egg, Mushrooms, Baked beans,
Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites (a) = alcohol
MONDAY

Bean and tofu chili stuffed jacket (c)
Herb, garlic and red onion gnocchi (g)
Bacon carbonara (su,d,c)
Turkey marinated in lemon, herbs and garlic
Fish of the day

TUESDAY

Thai green vegetable (so,c,su)
Pepper and mushroom stroganoff (d,mu,su,c)
Chicken stroganoff (d,mu,su,c)
Pork and chickpea stew (c,su)
Fish of the day

WEDNESDAY

Root vegetable pie (c,g)
Cauliflower steak with grilled tomato and peppercorn sauce (c,d,su)
Lamb stew with barley (su,c,g)
Chicken and mushroom pie (c,d,g)
Fish of the day

THURSDAY

Jacket potato with baked beans and vegan cheese (so)
Aubergine parmigiana (d,su,g)
Pork meatballs with mustard cream sauce (c,mu)
Turkey escalope with tomato sauce (c)
Fish of the day

FRIDAY

BBQ aubergine with quinoa (mu,su)
Jackfruit kebab with garlic sauce and chili sauce (c,d,g)
Chicken kebab with garlic sauce and chili sauce (d,c,g)
Bacon chop with spicy bacon and chilli jam (su)
Fish of the day

SATURDAY

Vegetable bean burger (g)
Red onion and goats cheese pizza (g,d,su)
Meat feast pizza (g,d,su)
Breaded garlic and sesame chicken (d,e,g,ss)
Fish of the day

SUNDAY

Vegetable and jackfruit stew (c)
Wild rice and root vegetable coulibiac (g,e)
Roast turkey with cranberry sauce (su,c)
Lamb stew with barley (su,c,g)
Fish of the day

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