Monday
Lentil cottage pie
Butternut, leek, onion and stilton gratin
Pork stew with chickpeas
Toad in the hole with onion gravy

Tuesday
Slow cooked jackfruit chili
Vegetable pasta with black olives and basil
Chicken with tomato and olive sauce
Quiche Lorraine

Wednesday
Pasta with super greens and kale pesto
Bean and vegetable quesadilla
Pan fried seabass with cream sauce
Chili and garlic chicken thighs

Thursday
Mushroom, celeriac and lentil ‘hotpot’
Mushroom and brie wellington
Roast turkey breast with cranberry sauce
Black pepper sausage

Friday
Spiced aubergine and lentils, pickled red cabbage and pitta bread
Curried cauliflower steak with onion salad
BBQ pork ribs
Battered fish with lemon and tartar sauce

Saturday & Sunday (Brunch)
Sausage
Vegan Sausage
Bacon
Fried Egg
Scrambled egg
Mushrooms
Baked beans
Hash browns

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Monday
Stuffed courgette with roasted vegetables and tomato sauce
Root vegetable stew
Pork Stew
Chicken breast with roasted onions

Tuesday
Vegetable stir fry
Vegetable quesadilla
Piri piri chicken thighs
Pork and apricot tagine

Wednesday
Jacket potato with chunky caponata
Vegetable lasagne
Turkey lasagne
Grilled chicken with tomato, oregano and feta topping

Thursday
Mushroom, courgette and squash quinoa cake
Tomato macaroni cheese
Turkey escalope with mushroom sauce
Chicken, gherkin, cheddar and onion quesadilla

Friday
Roasted vegetable and jack fruit kebab
Vegetable nacho’s
Pork stir fry with hoisin sauce
Sweet and sour pork

Saturday
Jackfruit potato with lentil chilli
Onion bhaji burger
Chicken burger with garlic mayo
Sweet chilli sausages with chilli sauce

Sunday
Mushroom and red onion risotto
Vegetable filo parcel
Roast pork with apple sauce
Chicken breast with garlic and thyme

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