

## **MONDAY**

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Lentil and vegetable bolognaise  
with spaghetti (g,su,c)  
Roasted vegetable pita bread  
with spiced tomato compote (g,su)  
Turkey escalope with celeriac remoulade  
(c,mu,e)  
Chicken tikka pasty (g)  
Fish of the day

## **TUESDAY**

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Roasted root filo parcels (g)  
Butternut, lentil and feta cake (d,c)  
Pork with bacon, apricot and sage crust (su)  
Turkey stroganoff (c,d,mu,su)  
Fish of the day

## **WEDNESDAY**

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Chickpea and spinach curry (mu,c)  
Marinated tofu steak with stir fry vegetables  
(c,su,so)  
Steak and kidney pudding (c,g,su)  
Bacon steak with pineapple salsa (su)  
Fish of the day

## **THURSDAY**

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Thai green vegetable curry with rice (c,so)  
Butternut and red onion Wellington (g)  
Roast pork with apple sauce and gravy (c,su,g)  
Chargrilled Chicken breast with white wine sauce  
(su,d,c)  
Fish of the day



# Cafeteria Lunch Menus

13th - 19th  
June 2022

## **FRIDAY**

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Vegan burger with lettuce, tomato (ss,g)  
Jacket potato with cheese and beans (d)  
Sweet chili sausages glazed in sticky chili sauce  
(g,su,so)  
Sausage roll (g)  
Battered fish (g,f)

## **SATURDAY & SUNDAY**

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### **BRUNCH**

Sausage, Vegetarian Sausage, Bacon, Fried Egg,  
Scrambled egg, Mushrooms, Baked beans,  
Hash browns



(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans  
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin  
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites (a) = alcohol

## MONDAY

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Bean and tofu chili stuffed jacket (c)  
Herb, garlic and red onion gnocchi (g)  
Bacon carbonara (su,d,c)  
Turkey marinated in lemon, herbs and garlic

## TUESDAY

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Thai green vegetable (so,c,su)  
Pepper and mushroom stroganoff (d,mu,su,c)  
Chicken stroganoff (d,mu,su,c)  
Pork and chickpea stew (c,su)

## WEDNESDAY

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Root vegetable pie (c,g)  
Cauliflower steak with grilled tomato  
and peppercorn sauce (c,d,su)  
Duck leg with orange sauce (c)  
Chicken and mushroom pie (c,d,g)

## THURSDAY

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Jacket potato with baked beans  
and vegan cheese (so)  
Aubergine parmigiana (d,su,g)  
Pork meat balls with mustard cream sauce  
(c,mu)  
Turkey escalope with tomato sauce (c)

# Cafeteria Dinner Menus

13th - 19th  
June 2022

## FRIDAY

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BBQ aubergine with quinoa (mu,su)  
Jackfruit in bolognese sauce with pasta (c,d,g)  
Chicken kebab garlic sauce and chili sauce  
(d,c,g)  
Bacon chop with spicy bacon and chilli jam (su)

## SATURDAY

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Vegetable bean burger (g)  
Red onion and goats cheese pizza (g,d,su)  
Meat feast pizza (g,d,su)  
Breaded garlic and sesame chicken (d,e,g,ss)

## SUNDAY

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Vegetable and jackfruit stew (c)  
Wild rice and root vegetable coulibiac (g,e)  
Roast turkey with cranberry sauce (su,c)  
Chargrilled breast of chicken with ratatouille



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