Cafeteria
Lunch Menus
13th - 19th
June 2022

MONDAY
Lentil and vegetable bolognese
    with spaghetti (g,su,c)
Roasted vegetable pita bread
    with spiced tomato compote (g,su)
Turkey escalope with celeriac remoulade
    (c,mu,e)
Chicken tikka pasty (g)
Fish of the day

TUESDAY
Roasted root filo parcels (g)
Butternut, lentil and feta cake (d,c)
Pork with bacon, apricot and sage crust (su)
Turkey stroganoff (c,d,mu,su)
Fish of the day

WEDNESDAY
Chickpea and spinach curry (mu,c)
Marinated tofu steak with stir fry vegetables
    (c,su,so)
Steak and kidney pudding (c,g,su)
Bacon steak with pineapple salsa (su)
Fish of the day

THURSDAY
Thai green vegetable curry with rice (c,so)
Butternut and red onion Wellington (g)
Roast pork with apple sauce and gravy (c,su,g)
Chargrilled Chicken breast with white wine sauce
    (su,d,c)
Fish of the day

FRIDAY
Vegan burger with lettuce, tomato (ss,g)
Jacket potato with cheese and beans (d)
Sweet chili sausages glazed in sticky chili sauce
    (g,su,so)
Sausage roll (g)
Battered fish (g,f)

SATURDAY & SUNDAY
BRUNCH
Sausage, Vegetarian Sausage, Bacon, Fried Egg,
    Scrambled egg, Mushrooms, Baked beans,
    Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites (a) = alcohol
MONDAY

Bean and tofu chili stuffed jacket (c)
Herb, garlic and red onion gnocchi (g)
Bacon carbonara (su,d,c)
Turkey marinated in lemon, herbs and garlic

TUESDAY

Thai green vegetable (so,c,su)
Pepper and mushroom stroganoff (d,mu,su,c)
Chicken stroganoff (d,mu,su,c)
Pork and chickpea stew (c,su)

WEDNESDAY

Root vegetable pie (c,g)
Cauliflower steak with grilled tomato and peppercorn sauce (c,d,su)
Duck leg with orange sauce (c)
Chicken and mushroom pie (c,d,g)

THURSDAY

Jacket potato with baked beans and vegan cheese (so)
Aubergine parmigiana (d,su,g)
Pork meat balls with mustard cream sauce (c,mu)
Turkey escalope with tomato sauce (c)

FRIDAY

BBQ aubergine with quinoa (mu,su)
Jackfruit in bolognaise sauce with pasta (c,d,g)
Chicken kebab garlic sauce and chili sauce (d,c,g)
Bacon chop with spicy bacon and chilli jam (su)

SATURDAY

Vegetable bean burger (g)
Red onion and goats cheese pizza (g,d,su)
Meat feast pizza (g,d,su)
Breaded garlic and sesame chicken (d,e,g,ss)

SUNDAY

Vegetable and jackfruit stew (c)
Wild rice and root vegetable coulibiac (g,e)
Roast turkey with cranberry sauce (su,c)
Chargrilled breast of chicken with ratatouille

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites (a) = alcohol