MONDAY

Lentil chili with jacket potato (c)
Pepper and mushroom stroganoff (c,d,mu)
Chorizo sausage roll (g)
Chicken breast with tomato chutney (su)
Fish of the day

TUESDAY

Tofu katsu curry
Aubergine parmigiana
Piri piri chicken thighs with spiced cous cous (g)
Spiced lamb meatball with chunky salsa
Fish of the day

WEDNESDAY

Sweet potato jackets with spicy black bean chili and guacamole (c)
Mushroom quinoa cake with herby salsa
Minute steak with peppercorn sauce (d,c)
Bockwurst sausage with fried onions (g)
Fish of the day

THURSDAY

Roasted vegetables with pasta and vegan cheese (so,g)
Cheese and onion slice (g,d)
Roast pork with apple sauce and gravy (c)
Herb and lemon chicken leg
Fish of the day

FRIDAY

Sweet and sour aubergine with wild rice (su,c)
Broccoli and stilton quiche (e,d,g)
Gammon with fried egg (e)
BBQ chicken breast (su, mu)
Battered fish (g,f)

SATURDAY & SUNDAY

BRUNCH

Sausage, Vegetarian Sausage, Bacon, Fried Egg,
Scrambled egg, Mushrooms, Baked beans,
Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites (a) = alcohol
**Cafeteria Dinner Menus**

16th - 22nd May 2022

**MONDAY**

- Vegetable burrito (g,c)
- Stuffed Greek style aubergine with feta (d,su)
- Lamb moussaka
- Chicken thighs with chasseur sauce (c)

**TUESDAY**

- Vegetable tagine (c,su)
- Black bean and butternut chili (c,su)
- Pork tagine with dates and apricot (su,c)
- Roast Moroccan spiced chicken leg

**WEDNESDAY**

- Vegetable jambalaya (c)
- Vegetable burger with lettuce and tomato (g,ss,c)
- Steak slice (g)
- Hunters chicken (d,mu,su)

**THURSDAY**

- Jackfruit chili with jacket potato (su,c)
- Vegan pasty slice (g)
- Turkey escalope with caramelised onions (su)
- Fish fingers (f,g)

**FRIDAY**

- Roasted vegetables with cajun tofu (so,su)
- Feta and butternut bake (d,g)
- Pork schnitzel with spicy slaw (g,e)
- Jerk chicken with gem lettuce, red onion and peach salad

**SATURDAY**

- BBQ vegetable kebabs
- Vegetable burger with cheese and gherkin (g)
- Butterflied chicken burger with garlic mayo (g,mu,ss,e)
- Fish quarter pounder with tartare sauce (g,ss,su,f)

**SUNDAY**

- Red onion and mushroom filo parcel (g)
- Baked butternut squash risotto (c)
- Roast chicken leg with sage and onion stuffing ball (c,mu,e)
- Lamb and root vegetable pie (c,su)

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