MONDAY
BBQ tofu and pepper skewers (su,mu)
Oven baked Mediterranean vegetable orzo
with basil and capers (c,g,su)
Bacon chop with tomato compote (su)
Turkey escalope with chimichurri (su)
Fish of the day

TUESDAY
Jacket potato stuffed with garlic, mushrooms,
red onion and spinach
Jackfruit and lentil stew (c)
Coq au vin (c,su)
Pork steak with mustard cream sauce (mu,c,su,d)
Fish of the day

WEDNESDAY
Bean and vegetable stew
with vegan sausages (c,g)
Root vegetable and mustard crumble (c,g,mu)
Garlic and chive breaded turkey escalope
with warm tomato salad (c,m,e,su)
Chicken with mushroom and bacon
Fish of the day

THURSDAY
Quinoa, black bean and butternut
squash chilli (c)
Mushroom risotto (c,d)
Roast beef with Yorkshire pudding (c,d,g,e)
Pulled pork and cheddar wrap (c,su,m,g)
Fish of the day

FRIDAY
Baked pepper with vegetables
and vegan cheese
Macaroni cheese with tomato (d,g)
BBQ glazed chicken breast (su,mu)
Cajun sausages with peppers and onion (g)
Battered fish (g,f)

SATURDAY & SUNDAY
BRUNCH
Sausage, Vegetarian Sausage, Bacon, Fried Egg,
Scrambled egg, Mushrooms, Baked beans,
Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites (a) = alcohol
MONDAY
Stuffed pepper with cous cous and vegetable (g,c)
Ricotta and spinach tortellini with tomato bake (g,d,c)
Bacon and mushroom pasta bake (g,d,su)
Oregano and paprika chicken
Fish of the day

TUESDAY
Vegetable and black bean chili (c,su)
Stuffed mushroom with brie, onion & leeks (d)
Turkey chili (c,su)
Cajun sausages with roast pepper and onion (g)
Fish of the day

WEDNESDAY
Jackfruit Thai curry (su,c,so)
Onion bhajis with spiced compote (c,mu,g)
Katsu chicken curry (mu,c,su, d)
Lamb madras (mu,c)
Fish of the day

THURSDAY
Tofu steak with spinach, onion and beans (so)
Beetroot and sweet potato pastry (g,d)
Breaded turkey escalope with spiced onion chutney (su,g,e)
Sweet chili chicken leg (su,so)
Fish of the day

FRIDAY
Vegetable tacos with tomato chutney (su,c)
Tomato and mozzarella arancini (d,g,e)
Minute steak with mushroom cream sauce (c,d)
Herb and garlic bacon chop
Fish of the day

SATURDAY
BBQ jackfruit pizza (g,su,so)
Margarita pizza (g,d,su)
Meat feast pizza (g,d,su)
Cajun chicken with sautéed peppers and onions
Fish of the day

SUNDAY
Root vegetable and bean stew (c)
Cheese and onion puff (d,g)
Roast chicken leg with onion gravy
Pork chop with apple gravy
Fish of the day

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