

## MONDAY

---

BBQ tofu and pepper skewers (su,mu)  
Porcini mushroom tortellini and tomato bake (g)  
Bacon chop with tomato compote (su)  
Turkey escalope with chimichurri (su)  
Fish of the day

## TUESDAY

---

Jacket potato stuffed with garlic, mushrooms,  
red onion and spinach  
Jackfruit and lentil stew (c)  
Coq au vin (c,su)  
Pork steak with mustard cream sauce (mu,c,su,d)  
Fish of the day

## WEDNESDAY

---

Butternut, red onion and gnocchi bake (c,g)  
Root vegetable and mustard crumble (c,g,mu)  
Breaded turkey escalope with warm  
tomato salad (c,m,e,su)  
Chicken and leek pasty (g)  
Fish of the day

## THURSDAY

---

Quinoa, black bean and butternut  
squash chilli (c)  
Mushroom risotto (c,d)  
Steak and kidney puff pies (g)  
Pulled pork and cheddar wrap (c,su,m,g)  
Fish of the day



# Cafeteria Lunch Menus

23rd - 29th  
May 2022

## FRIDAY

---

Baked pepper with vegetables  
and vegan cheese  
Macaroni cheese with tomato (d,g)  
BBQ glazed chicken breast (su,mu)  
Cajun sausages with peppers and onion (g)  
Battered fish (g,f)

## SATURDAY & SUNDAY

---

### BRUNCH

Sausage, Vegetarian Sausage, Bacon, Fried Egg,  
Scrambled egg, Mushrooms, Baked beans,  
Hash browns



(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans  
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin  
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites (a) = alcohol

## MONDAY

---

Stuffed pepper with cous cous  
and vegetable (g,c)  
Ricotta and spinach tortellini  
with tomato bake (g,d,c)  
Bacon and mushroom pasta bake (g,d,su)  
Oregano and paprika chicken

## TUESDAY

---

Vegetable and black bean chili (c,su)  
Stuffed mushroom with brie, onion & leeks (d)  
Turkey chili (c,su)  
Cajun sausages with roast pepper and onion (g)

## WEDNESDAY

---

Jackfruit Thai curry (su,c,so)  
Onion bhajis with spiced compote (c,mu,g)  
Katsu chicken curry (mu,c,su, d)  
Lamb madras (mu,c)

## THURSDAY

---

Tofu steak with spinach, onion and beans (so)  
Creamy vegetable lattice (g,d)  
Duck leg with ginger and garlic  
Sweet chili chicken leg (su,so)

# Cafeteria Dinner Menus

23rd - 29th  
May 2022

## FRIDAY

---

Vegetable tacos with tomato chutney (su,c)  
Tomato and mozzarella arancini (d,g,e)  
Minute steak  
with mushroom cream sauce (c,d)  
Herb and garlic bacon chop

## SATURDAY

---

BBQ jackfruit pizza (g,su,so)  
Margarita pizza (g,d,su)  
Meat feast pizza (g,d,su)  
Breaded turkey escalope  
with spiced onion chutney (su,g,e)

## SUNDAY

---

Root vegetable and bean stew (c)  
Cheese and onion pastry (d,g)  
Roast chicken leg with onion gravy  
Pork chop with apple gravy



(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans  
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin  
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites (a) = alcohol

