**MONDAY**

Lentil cottage pie (c,su)
Butternut, leek, onion and stilton gratin (g,d,c)
Turkey escalope with paprika and peppers
Toad in the hole with onion gravy (e,g,su)
Fish of the day

**TUESDAY**

Slow cooked jackfruit chili (c)
Vegetable pasta with black olives and basil (su,g)
Chicken with tomato and olive sauce (c,su)
Quiche Lorraine (e,g,d)
Fish of the day

**WEDNESDAY**

Pasta with super greens and kale pesto (g)
Bean and vegetable quesadilla (g,d)
Beef burger with lettuce, tomato (ss,g)
Chilli and garlic chicken thighs
Fish of the day

**THURSDAY**

Mushroom, celeriac and lentil ‘hotpot’ (c,su)
Brie, red onion and spinach filo parcel (g,d)
Roast turkey breast with cranberry sauce
Leg of lamb steak with rosemary and red current
Fish of the day

**FRIDAY**

Moroccan spiced tofu with tabbouleh salad (su,g)
Curried cauliflower steak with onion salad (mu)
Cajun chicken thighs with chili coleslaw (mu,e)
BBQ pork ribs (mu,su)
Breaded fish (g,f)

**SATURDAY & SUNDAY**

**BRUNCH**

Sausage, Vegetarian Sausage, Bacon, Fried Egg, Scrambled egg, Mushrooms, Baked beans, Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans (mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin (mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites (a) = alcohol
FRIDAY
Roasted vegetable and jack fruit kebab (g,c)
Vegetable nacho’s (d,c)
Confit duck leg with cabbage, onion, coriander (so,su,ss)
Sweet and sour pork (su.c)
Fish of the day

SATURDAY
Jacket potato with lentil and vegetable chilli (c, su)
Onion bhaji burger (mu,g)
Chicken burger with garlic mayo (e,mu,ss,g)
Sweet chilli sausages with chilli sauce (g, su)
Fish of the day

TUESDAY
Stuffed courgettes with roasted vegetables and tomato sauce (c)
Root vegetable stew (c)
Lamb stew (su,c)
Spiced chicken breast with marinated onion salad (su)
Fish of the day

WEDNESDAY
Jacket potato with spinach and garlic mushrooms (su,c)
Vegetable lasagne (d,c,g,su)
Beef Lasagne (d,c,g,su)
Grilled lamb steak with tomato, oregano and feta topping (d)

THURSDAY
Mushroom, courgette and squash quinoa cake (c)
Tomato macaroni cheese (g,d,mu)
Turkey escalope with mushroom sauce (c,su)
Chicken, gherkin, cheddar and onion quesadilla (g,su,d)
Tuna pasta bake

MONDAY
Cafeteria
Dinner Menus
25th April - 1st May 2022

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