MONDAY

Lentil cottage pie (c,su)
Butternut, leek, onion and stilton gratin (g,d,c)
Turkey escalope with paprika and peppers
Toad in the hole with onion gravy (e,g,su)
Fish of the day

TUESDAY

Slow cooked jackfruit chili (c)
Vegetable pasta with black olives and basil (su,g)
Chicken with tomato and olive sauce (c,su)
Quiche Lorraine (e,g,d)
Fish of the day

WEDNESDAY

Pasta with super greens and kale pesto (g)
Bean and vegetable quesadilla (g,d)
Beef burger with lettuce, tomato (ss,g)
Chicken Kiev (g,e)
Fish of the day

THURSDAY

Mushroom, celeriac and lentil ‘hotpot’ (c,su)
Brie, red onion and spinach filo parcel (g,d)
Roast turkey breast with cranberry sauce
Leg of lamb steak with rosemary and red current
Fish of the day

FRIDAY

Moroccan spiced tofu with tabbouleh salad (su,g)
Curried cauliflower steak with onion salad (mu)
Chicken and mushroom slice (g)
BBQ pork ribs with chilli coleslaw (mu,e,su)
Breaded fish (g,f)

SATURDAY & SUNDAY

BRUNCH
Sausage, Vegetarian Sausage, Bacon, Fried Egg,
Scrambled egg, Mushrooms, Baked beans,
Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites (a) = alcohol
Cafeteria
Dinner
Menus
30th May - 5th June 2022

FRIDAY
Roasted vegetable and jack fruit kebab (g,c)
Vegetable nacho’s (d,c)
Confit duck leg with cabbage, onion, coriander (so,su,ss)
Sweet and sour pork (su,c)

SATURDAY
Jacket potato with lentil and vegetable chilli (c,su)
Onion bhaji burger (mu,g)
Chicken burger with garlic mayo (e,mu,ss,g)
Fish finger burger with tartare sauce (g,su,mu,e,ss,f)

MONDAY
Stuffed courgettes with roasted vegetables and tomato sauce (c)
Root vegetable stew (c)
Lamb stew (su,c)
Spiced chicken breast with marinated onion salad (su)

TUESDAY
Vegetable stir fry (so,su,c)
Vegetable quesadilla (g,d)
Piri Piri chicken thighs
Pork and apricot tagine (c,su)

WEDNESDAY
Jacket potato with spinach and garlic mushrooms (su,c)
Vegetable lasagne (d,c,g,su)
Beef Lasagne (d,c,g,su)
Grilled seabass with sauce vierge

THURSDAY
Mushroom, courgette and squash quinoa cake (c)
Tomato macaroni cheese (g,d,mu)
Turkey escalope with mushroom sauce (c,su)
Chicken and mushroom pie (g)

SUNDAY
Mushroom and red onion risotto (c,su)
Vegetable filo parcel (c,g)
Roast pork with apple sauce
Chicken breast with garlic and thyme
Fish of the day

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