

## MONDAY

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Lentil and vegetable bolognaise  
with spaghetti (g,su,c)  
Roasted vegetable pasta bake (g,su)  
Breaded turkey escalope with mushroom sauce  
(c,mu,e)  
Chicken and chorizo pasty (g)  
Fish of the day

## TUESDAY

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Roasted root filo parcels (g)  
Butternut, lentil and feta cake (d,c)  
Pork steak with mustard and onion gravy (su)  
Turkey stroganoff (c,d,mu,su)  
Fish of the day

## WEDNESDAY

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Chickpea and spinach curry (mu,c)  
Marinated tofu steak with stir fry vegetables  
(c,su,so)  
Steak and kidney pie with grain mustard sauce  
(c,g,su)  
Bacon steak with pineapple salsa (su)  
Fish of the day

## THURSDAY

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Thai green vegetable curry with rice (c,so)  
Butternut and red onion Wellington (g)  
Roast pork with apple sauce and gravy (c,su,g)  
Chargrilled Chicken breast with white wine sauce  
(su,d,c)  
Fish of the day



# Cafeteria Lunch Menus

9th - 15th  
May 2022

## FRIDAY

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Vegan burger with lettuce, tomato (ss,g)  
Jacket potato with cheese and beans (d)  
Sweet chili sausages glazed in sticky chili sauce  
(g,su,so)  
Lamb stew with peppers, tomato and basil  
Battered fish (g,f)

## SATURDAY & SUNDAY

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### BRUNCH

Sausage, Vegetarian Sausage, Bacon, Fried Egg,  
Scrambled egg, Mushrooms, Baked beans,  
Hash browns



(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans  
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin  
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites (a) = alcohol

## MONDAY

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Bean and tofu chili stuffed jacket (c)  
Herb, garlic and red onion gnocchi (g)  
Bacon carbonara (su,d,c)  
Turkey marinated in lemon, herbs and garlic  
Fish of the day

## TUESDAY

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Thai green vegetable (so,c,su)  
Pepper and mushroom stroganoff (d,mu,su,c)  
Chicken stroganoff (d,mu,su,c)  
Pork stew (c,su)  
Fish of the day

## WEDNESDAY

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Root vegetable pie (c,g)  
Cauliflower steak with grilled tomato  
and peppercorn sauce (c,d,su)  
Duck leg with orange sauce (c)  
Chicken and mushroom pie (c,d,g)  
Fish of the day

## THURSDAY

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Jacket potato with baked beans  
and vegan cheese (so)  
Aubergine parmigiana (d,su,g)  
Pork meat balls with mustard cream sauce  
(c,mu)  
Turkey escalope with tomato sauce (c)  
Fish of the day



# Cafeteria Dinner Menus

9th - 15th  
May 2022

## FRIDAY

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BBQ aubergine with quinoa (mu,su)  
Jackfruit in bolognese sauce with pasta (c,d,g)  
Chicken kebab, garlic sauce and chili sauce  
(d,c,g)  
Bacon chop with spicy bacon and chilli jam (su)  
Fish of the day

## SATURDAY

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Vegetable bean burger (g)  
Red onion and goats cheese pizza (g,d,su)  
Beef burger (g,d,su)  
Breaded garlic and sesame chicken (d,e,g,ss)  
Fish of the day

## SUNDAY

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Vegetable and jackfruit stew (c)  
Wild rice and root vegetable coulibiac (g,e)  
Roast turkey with cranberry sauce (su,c)  
Chargrilled breast of chicken with ratatouille  
Fish of the day



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