

Monday

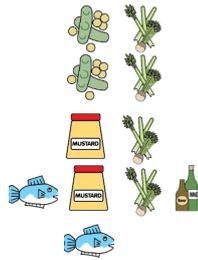
Tofu and aubergine rendang

Thai green vegetable curry

Chicken madras

Goan fish curry

Fish of the day



Tuesday

Vegetable paella

Baked tomato, mozzarella risotto

Lemon, garlic and herb turkey

Pork tagine

Fish of the day



Wednesday

Moroccan cous cous stuffed pepper

Vegetable lasagne

Beef lasagne

Chicken with Forrestier sauce

Fish of the day



Thursday

Roasted vegetable filo parcel

Vegetable cottage pie with gravy

Pork leek and red onion plat with mustard and fennel sauce

Baked fish cake, lemon and dill mayo

Fish of the day



Cafeteria Lunch Menus

13th - 19th
March 2023

Friday

Stuffed courgette

Spicy black bean and paneer burrito

Curried turkey escalope with pickled onion and coriander salad

Cajun sausages with onions and peppers

Battered fish



Saturday & Sunday

Sausage

Vegan Sausage

Bacon

Fried Egg

Scrambled egg

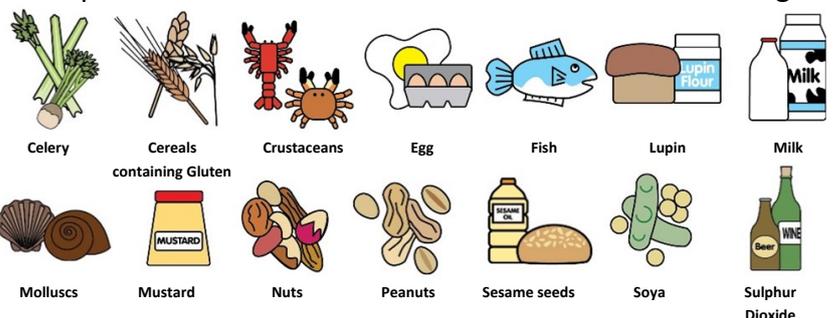
Mushrooms

Baked beans

Hash browns



While we take steps to minimise the risk of cross-contamination, all of our products are produced in an environment that contains other allergens.



Monday

Chili and garlic marinated tofu with cabbage salad



Roasted root vegetable gratin



Escalope of pork with mozzarella and bacon melt



BBQ Chicken wings



Pasta with tomato sauce



Tuesday

Chili, kale and bean stew



Vegetable and mustard crumble



Cottage pie



Turkey escalope with mustard sauce



Pasta with bolognese sauce



Wednesday

Vegetable and water chestnuts in black bean sauce



Sesame, soy, chilli, garlic roasted



Chicken breast with sweet and sour



Hoi sin pork steak with spring onions



Pasta with carbonara sauce



Thursday

Vegetable bean wrap



Vegetable and lentil sausage roll



Curry roast pork loin with spinach and mushrooms



Turkey escalope with tomato, goats cheese and red onion



Pasta with chicken and mushroom sauce



Cafeteria Dinner Menus

13th - 19th
March 2023

Friday

Bhaji burger, mango chutney salad



Bean burger, sauteed garlic mushrooms with hot sauce, salad and Swiss cheese



Southern fried chicken burger, hot sauce, salad and Swiss cheese



Pulled beef brisket burger with red cabbage slaw and cheese



Pasta with mushroom sauce



Sunday

Stuffed courgette



Vegetable Wellington



Roast chicken leg with stuffing and

Orange roast duck leg



Pasta with broccoli and blue cheese



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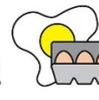
Celery



Cereals containing Gluten



Crustaceans



Egg



Fish



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame seeds



Soya



Sulphur Dioxide

