Monday
Lentil cottage pie
Butternut, leek, onion and stilton gratin
Turkey escalope with paprika and peppers
Toad in the hole with onion gravy
Fish of the day

Tuesday
Slow cooked jackfruit chili
Vegetable pasta with black olives and basil
Chicken with tomato and olive sauce
Breaded pork rissole with fried egg
Fish of the day

Wednesday
Pasta with super greens and kale pesto
Bean and vegetable quesadilla
Grilled pork with apple sauce and cheddar crust
Chicken and mushroom pasta bake
Fish of the day

Thursday
Mushroom, celeriac and lentil “hotpot”
Brie, red onion and spinach filo parcel
Roast turkey breast with cranberry sauce
Leg of lamb steak with rosemary and red current
Fish of the day

Friday
Moroccan spiced tofu with tabbouleh salad
Curried cauliflower steak with onion salad
Chorizo and bacon jambalaya
BBQ pork ribs with coleslaw
Battered fish

Saturday & Sunday
Sausage
Vegan Sausage
Bacon
Fried Egg
Scrambled egg
Mushrooms
Baked beans
Hash browns

While we take steps to minimise the risk of cross-contamination, all of our products are produced in an environment that contains other allergens.
### Monday
- Stuffed courgettes with roasted vegetables and tomato sauce
- Root vegetable stew
- Lamb stew
- Spiced chicken breast with marinated onion salad
- Pasta with tomato sauce

### Tuesday
- Vegetable stir fry
- Vegetable quesadilla
- Piri Piri chicken thighs
- Porchetta rolls with salad and chorizo mayonnaise
- Pasta with bolognaise sauce

### Wednesday
- Jacket potato with spinach and garlic mushroom
- Vegetable lasagne
- Beef lasagne
- Chicken stir fry
- Pasta with carbonara sauce

### Thursday
- Mushroom, courgette and squash quinoa cake
- Tomato macaroni cheese
- Turkey escalope with mushroom sauce
- Grilled bacon steak with honey and mustard glaze
- Pasta with chicken and mushroom sauce

### Friday
- Roasted vegetable and jack fruit kebab
- Vegetable nacho’s
- Confit duck leg with cabbage, onion, coriander
- Sweet and sour pork
- Pasta with mushroom sauce

### Saturday
- Open burger of grilled mushrooms, fried aubergine salad and Caesar sauce
- Bean burger, sauteed garlic mushrooms with hot sauce, salad and swiss cheese
- Southern fried chicken burger, hot sauce, Pulled beef brisket with kimichi and cheese
- Pasta with vegetable bolognaise

### Sunday
- Mushroom and red onion risotto
- Vegetable filo parcel
- Roast pork with apple sauce
- Chicken breast with garlic and thyme
- Pasta with broccoli and blue cheese

While we take steps to minimise the risk of cross-contamination, all of our products are produced in an environment that contains other allergens.