Monday

BBQ tofu and pepper skewers
Bacon chop with tomato compote
Turkey escalope with chimichurri
Fish of the day

Tuesday

Jacket potato stuffed with garlic, mushrooms, red onion and spinach
Jackfruit and lentil stew
Coq au vin
Pork steak with mustard cream sauce
Fish of the day

Wednesday

Butternut red onion and gnocchi bake
Root vegetable and mustard crumble
Breaded turkey escalope with warm tomato salad
Homemade Cornish pasty with grained mustard gravy
Fish of the day

Thursday

Quinoa, black bean and butternut squash chilli
Mushroom risotto
Roast chicken with sage and onion stuffing and gravy
Pulled pork and cheddar wrap
Fish of the day

Friday

Baked pepper with vegetables and vegan cheese
Macaroni cheese with tomato
BBQ glazed chicken breast
Cajun sausages with peppers and onion
Battered fish

Saturday & Sunday

Sausage
Vegan Sausage
Bacon
Fried Egg
Scrambled egg
Mushrooms
Baked beans
Hash browns

While we take steps to minimise the risk of cross-contamination, all of our products are produced in an environment that contains other allergens.
### Cafeteria

**Dinner Menus**

10th - 16th October 2022

**Monday**
- Stuffed pepper with cous cous and vegetables
- Ricotta and spinach gnocchi with tomato bake
- Bacon and mushroom pasta bake
- Oregano and paprika chicken
- Pasta with tomato sauce

**Tuesday**
- Vegetable and black bean chili
- Stuffed mushroom with brie, onion & leeks
- Turkey chili
- Cajun sausages with roast pepper and onion
- Pasta with bolognese sauce

**Wednesday**
- Jackfruit Thai curry
- Vegetable curry
- Katsu chicken curry
- Lamb madras
- Pasta with carbonara sauce

**Thursday**
- Tofu steak with spinach, onion and beans
- Butternut squash and lentil stew
- Beef and chorizo stew
- Sweet chili chicken leg
- Pasta with chicken and mushroom sauce

**Friday**
- Vegetable quesadilla with tomato chutney
- Tomato and mozzarella arancini
- Minute steak with mushroom cream sauce
- Herb and garlic bacon chop
- Pasta with mushroom sauce

**Saturday**
- Open burger of grilled mushrooms, fried aubergine salad and Caesar sauce
- Bean burger, sauteed garlic mushrooms with hot sauce, salad and swiss cheese
- Southern fried chicken burger, hot sauce, salad, and Swiss cheese
- Pulled beef brisket with kimichi and cheese
- Pasta with vegetable bolognase

**Sunday**
- Root vegetable and bean stew
- Mushroom and caramelized onion quiche
- Pan fried breast of chicken with mushroom sauce
- Roast gammon with gravy
- Pasta with broccoli and blue cheese

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