### Monday
- Tofu and aubergine rendang
- Thai green vegetable curry
- Chicken madras
- Goan fish curry
- Fish of the day

### Tuesday
- Vegetable paella
- Baked tomato, mozzarella risotto
- Lemon, garlic and herb turkey escalope
- Pork tagine
- Fish of the day

### Wednesday
- Moroccan cous cous stuffed pepper
- Vegetable lasagne
- Beef lasagne
- Chicken with Forrestier sauce
- Fish of the day

### Thursday
- Roasted vegetable filo parcel
- Vegetable cottage pie with gravy
- Pork leek and red onion plat with mustard and fennel sauce
- Baked fish cake, lemon and dill mayo
- Fish of the day

### Friday
- Stuffed courgette
- Spicy black bean and paneer burrito
- Curried turkey escalope with pickled onion and coriander salad
- Cajun sausages with onions and
- Battered fish

### Saturday & Sunday
- Sausage
- Vegan Sausage
- Bacon
- Fried Egg
- Scrambled egg
- Mushrooms
- Baked beans
- Hash browns

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### Monday
- Chili and garlic marinated tofu with cabbage salad
- Roasted root vegetable gratin
- Escalope of pork with mozzarella and bacon melt
- BBQ Chicken wings
- Pasta with tomato sauce

### Tuesday
- Roasted pepper, olive and tomato
- Roasted vegetable, mozzarella and
- Salami, olive, mushroom and
- Spicy meatball, rocket and mozzarella
- Pasta with bolognese sauce

### Wednesday
- Vegetable and water chestnuts in black bean sauce
- Sesame, soy, chilli, garlic roasted
- Chicken breast with sweet and sour
- Hoi sin pork steak with spring onions
- Pasta with carbonara sauce

### Thursday
- Vegetable bean wrap
- Vegetable and lentil sausage roll
- Curry roast pork loin with spinach and mushrooms
- Turkey escalope with tomato, goats cheese and red onion
- Pasta with chicken and mushroom sauce

### Friday
- Bhaji burger, mango chutney salad
- Bean burger, sauteed garlic mushrooms with hot sauce, salad and Swiss cheese
- Southern fried chicken burger, hot sauce, salad and Swiss cheese
- Beef, hash brown, bacon and cheese burger
- Pasta with mushroom sauce

### Sunday
- Stuffed courgette
- Vegetable Wellington
- Roast chicken leg with stuffing and gravy
- Orange roast duck leg
- Pasta with broccoli and blue cheese

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