Monday
- Tofu and aubergine rendang
- Thai green vegetable curry
- Chicken madras
- Lamb rogan josh
- Fish of the day

Tuesday
- Vegetable paella
- Baked tomato, mozzarella risotto
- Lemon, garlic and herb turkey escalope
- Sesame, soy, chilli and lime chicken
- Fish of the day

Wednesday
- Moroccan cous cous stuffed pepper
- Vegetable lasagne
- Beef lasagne
- Chicken and bacon carbonara with tagliatelle
- Fish of the day

Thursday
- Roasted vegetable filo parcel
- Vegetable cottage pie with gravy
- Pork leek and red onion plat with mustard and fennel sauce
- Chargrilled chicken Caesar salad
- Fish of the day

Friday
- Black bean and tofu burrito
- Vegetable paella
- Curried turkey escalope with pickled onion and coriander salad
- Cajun sausages with onions and peppers
- Battered fish

Saturday & Sunday
- Sausage
- Vegan Sausage
- Bacon
- Fried Egg
- Scrambled egg
- Mushrooms
- Baked beans
- Hash browns

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### Monday
- Chili and garlic marinated tofu with cabbage salad
- Roasted root vegetable gratin
- Escalope of pork with mozzarella and bacon melt
- BBQ Chicken
- Pasta with tomato sauce

### Tuesday
- Vegetable and bean wrap
- Vegetable and mustard crumble
- Lamb hot pot
- Turkey escalope with mustard sauce
- Pasta with bolognaise sauce

### Wednesday
- Vegetable and water chestnuts in black bean sauce
- Sesame, soy, chilli, garlic roasted aubergine with quinoa
- Sweet and sour chicken
- Hoi sin pork steak with spring onions
- Pasta with carbonara sauce

### Thursday
- Chili, kale and bean stew
- Vegetable and lentil sausage roll
- Curry roast pork loin with spinach and mushrooms
- Turkey escalope with tomato, goats cheese and red onion
- Pasta with chicken and mushroom sauce

### Friday
- Butternut and lentil cake
- Roasted vegetables and pasta in tomato and olive sauce
- Mustard and herb chicken thighs
- Spiced lamb kebab with mint yoghurt
- Pasta with mushroom sauce

### Saturday
- Open burger of grilled mushrooms, fried aubergine salad and Caesar sauce
- Bean burger, sauteed garlic mushrooms with hot sauce, salad and swiss cheese
- Southern fried chicken burger, hot sauce, salad, and Swiss cheese
- Pulled beef brisket with kimichi and cheese
- Pasta with vegetable bolognaise

### Sunday
- Stuffed courgette
- Vegetable Wellington
- Roast beef with Yorkshire pudding
- Orange roast duck leg
- Pasta with broccoli and blue cheese

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