

## Monday

Lentil chili with jacket potato



Pepper and mushroom stroganoff



BBQ pork belly slices with spicy root vegetable slaw



Chicken breast with tomato chutney



Fish of the day

## Tuesday

Tofu katsu curry



Aubergine parmigiana



Piri piri chicken thighs with spiced cous cous



Tuna pasta bake



Fish of the day

## Wednesday

Sweet potato jackets with spicy black bean chili and guacamole



Mushroom quinoa cake with herby salsa



Grilled turkey escalope with peppercorn sauce



Sausages with onion gravy



Fish of the day

## Thursday

Roast vegetables with pasta and vegan cheese



Baked pepper stuffed with roasted vegetables and feta cous cous



Cottage pie



Chicken and oyster mushroom stir fry



Fish of the day

# Cafeteria Lunch Menus 20th-26th February 2023

## Friday

Sweet and sour aubergine with wild rice



Spicy black bean and vegetable quesadilla



Gammon with fried egg



BBQ chicken breast



Battered fish



## Saturday & Sunday (Brunch)

Sausage



Vegan Sausage



Bacon

Fried Egg



Scrambled egg



Mushrooms

Baked beans

Hash browns

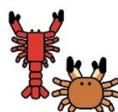
While we take steps to minimise the risk of cross-contamination, all of our products are produced in an environment that contains other allergens.



Celery



Cereals  
containing Gluten



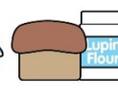
Crustaceans



Egg



Fish



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame seeds



Soya



Sulphur  
Dioxide



## Monday

Vegetable burrito



Stuffed Greek style aubergine with feta



Lamb moussaka



Chicken thighs with chasseur sauce



Pasta with tomato sauce

## Tuesday

Vegetable tagine



Black bean and butternut chili



Pork tagine with dates and apricot



Roast Moroccan spiced turkey escalope



Pasta with bolognese sauce

## Wednesday

Vegetable jambalaya



Vegetable fajita wrap

Pulled BBQ pork macaroni cheese



Tuna pasta bake



Pasta with carbonara sauce



## Thursday

Jackfruit chili with jacket potato



Aubergine parmigiana



Turkey escalope with caramelised onions



Scampi



Pasta with chicken and mushroom sauce



# Cafeteria Dinner Menus 20th-26th February 2023

## Friday

Bhaji burger, mango chutney salad



Bean burger, sauteed garlic mushrooms with hot sauce, salad and Swiss cheese



Southern fried chicken burger, hot sauce, salad and Swiss cheese



Pulled beef brisket burger with red cabbage slaw and cheese



Pasta with vegetable bolognese



## Sunday

Red onion and mushroom filo parcel



Baked butternut squash risotto



Roast pork with apple sauce and gravy

Chicken and vegetable stew



Pasta with broccoli and blue cheese



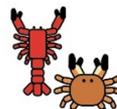
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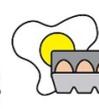
Celery



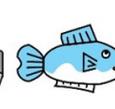
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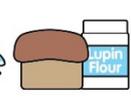
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