

Monday

Lentil and vegetable bolognese with spaghetti



Roasted vegetable pasta bake



Breaded turkey escalope with mushroom sauce



Grilled butterflied chicken with grilled lettuce and salsa Verde

Fish of the day
Tuesday



Roasted root vegetable filo parcels



Butternut, lentil and feta cake

Pork steak with mustard and onion gravy



Turkey stroganoff



Fish of the day



Wednesday

Chickpea and spinach curry



Marinated tofu steak with stir fry vegetables



Steak and kidney pie with grain mustard sauce



Bacon steak with pineapple salsa



Fish of the day



Thursday

Thai green vegetable curry with rice



Butternut and red onion wellington



Roast pork with apple sauce and gravy



Chargrilled chicken breast with white wine sauce



Fish of the day



Cafeteria Lunch Menu

7th - 13th
November 2022

Friday

Vegan burger with lettuce and tomato



Jacket potato with cheese and beans



Sweet chilli sausages glazed in sticky chilli sauce



Lamb stew with peppers, tomato and basil

Battered fish



Saturday & Sunday

Sausage



Vegan Sausage

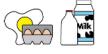


Bacon

Fried Egg



Scrambled egg



Mushrooms

Baked beans

Hash browns

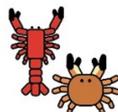
While we take steps to minimise the risk of cross-contamination, all of our products are produced in an environment that contains other allergens.



Celery



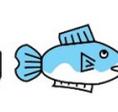
Cereals containing Gluten



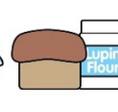
Crustaceans



Egg



Fish



Lupin



Milk



Crustaceans



Mustard



Nuts



Peanuts



Sesame seeds



Soya



Sulphur Dioxide



Monday

- Bean and tofu chilli stuffed jacket 
- Herb, garlic and red onion gnocchi 
- Bacon carbonara   
- Turkey marinated in lemon, herbs and garlic
- Pasta with tomato sauce  

Tuesday

- Thai green vegetables curry   
- Pepper and mushroom stroganoff    
- Chicken stroganoff    
- Pork stew  
- Pasta with bolognese sauce  

Wednesday

- Root vegetable pie  
- Cauliflower steak with grilled tomato and peppercorn sauce   
- Duck leg with orange sauce  
- Chicken and mushroom pie   
- Pasta with carbonara sauce  

Thursday

- Jacket potato with baked beans and vegan cheese 
- Aubergine parmigiana   
- Pork meat balls with mustard cream sauce  
- Turkey escalope with tomato sauce 
- Pasta with chicken and mushroom sauce  

Cafeteria Dinner Menus

7th - 13th
November 2022

Friday

- BBQ aubergine with quinoa  
- Jackfruit in bolognese sauce with pasta   
- Chicken kebab with garlic and chili sauce   
- Bacon chop with spicy bacon and chili jam 
- Pasta with mushroom sauce  

Saturday

- Open burger of grilled mushrooms, fried aubergine salad and Caesar sauce
- Bean burger, sauteed garlic mushrooms with hot sauce, salad and swiss cheese  
- Southern fried chicken burger, hot sauce, salad, and Swiss cheese  
- Pulled beef brisket with kimichi and cheese    
- Pasta with vegetable bolognese  

Sunday

- Vegetable and jackfruit stew 
- Wild rice and root vegetable coulibiac  
- Roast turkey with cranberry sauce  
- Chargrilled breast of chicken with ratatouille
- Pasta with broccoli and blue cheese  

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