Monday
BBQ tofu and pepper skewers
Vegetable curry with naan bread
Bacon chop with tomato compote
Turkey escalope with chimichurri
Fish of the day

Tuesday
Jacket potato stuffed with garlic, mushrooms, red onion and spinach
Jackfruit and lentil stew
Chicken and vegetable stew
Pork steak with mustard cream sauce
Fish of the day

Wednesday
Butternut red onion and gnocchi bake
Root vegetable and mustard crumble
Breaded turkey escalope with warm tomato salad
Cornish pasty with grain mustard gravy
Fish of the day

Thursday
Quinoa, black bean and butternut squash chilli
Mushroom risotto
Roast chicken with sage and onion stuffing and gravy
Sausages and onion gravy
Fish of the day

Friday
Baked pepper with vegetables and vegan cheese
Macaroni cheese with tomato
Hoisin sesame glazed duck leg
Battered fish
Fish pie

Saturday & Sunday (Brunch)
Sausage
Vegan Sausage
Bacon
Fried Egg
Scrambled egg
Mushrooms
Baked beans
Hash browns

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Monday

Stuffed pepper with cous cous and vegetables
Ricotta and spinach gnocchi with
Bacon and mushroom pasta bake
Oregano and paprika chicken thighs
Pasta with tomato sauce

Tuesday

Roasted pepper, olive and tomato with vegan cheese
Roasted vegetable, mozzarella and
Salami, olive, mushroom and
Spicy meatball, rocket and mozzarella
Pasta with bolognaise sauce

Wednesday

Jackfruit Thai curry
Vegetable curry
Katsu chicken curry
Thai fish cakes with sweet chili sauce
Pasta with carbonara sauce

Thursday

Tofu steak with spinach, onion and beans
Butternut squash and lentil stew
Pork steak with pear and blue cheese gratin
Lemon and herb roasted chicken leg
Pasta with chicken and mushroom sauce

Friday

Bhaji burger, mango chutney salad
Bean burger, sautéed garlic mushroom with hot sauce, salad and Swiss cheese
Southern fried chicken burger, hot sauce, salad, and Swiss cheese
Beef, hash brown, bacon and cheese
Pasta with vegetable bolognaise

Sunday

Root vegetable and bean stew
Mushroom and caramelized onion quiche
Pan fried breast of chicken with
Roast gammon with gravy
Pasta with broccoli and blue cheese

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