

Monday

Lentil chili with jacket potato



Pepper and mushroom stroganoff



BBQ pork belly slices with spicy root vegetable slaw



Chicken breast with tomato chutney



Fish of the day

Tuesday

Tofu katsu curry



Aubergine parmigiana



Piri piri chicken thighs with spiced cous cous

Spiced lamb meatball with chunky salsa



Fish of the day

Wednesday

Sweet potato jackets with spicy black bean chili and guacamole



Mushroom quinoa cake with herby salsa



Grilled turkey escalope with peppercorn sauce



Sausages with onion gravy



Fish of the day

Thursday

Roast vegetables with pasta and vegan cheese



Baked pepper stuffed with roasted vegetables and feta cous cous



Roast beef with Yorkshire pudding and gravy



Chicken and oyster mushroom stir fry



Fish of the day

Cafeteria Lunch Menus

14th - 20th
November 2022

Friday

Sweet and sour aubergine with wild rice



Potato, onion and taleggio frittata



Gammon with fried egg



BBQ chicken breast



Battered fish



Saturday & Sunday (Brunch)

Sausage



Vegan Sausage



Bacon

Fried Egg



Scrambled egg



Mushrooms

Baked beans

Hash browns

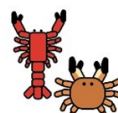
While we take steps to minimise the risk of cross-contamination, all of our products are produced in an environment that contains other allergens.



Celery



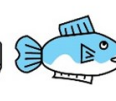
Cereals
containing Gluten



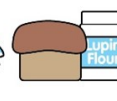
Crustaceans



Egg



Fish



Lupin



Milk



Crustaceans



Mustard



Nuts



Peanuts



Sesame seeds



Soya



Sulphur
Dioxide



Monday

Vegetable burrito



Stuffed Greek style aubergine with feta



Lamb moussaka



Chicken thighs with chasseur sauce



Pasta with tomato sauce

Tuesday

Vegetable tagine



Black bean and butternut chili



Pork tagine with dates and apricot



Roast Moroccan spiced turkey escalope



Pasta with bolognese sauce

Wednesday

Vegetable jambalaya

Vegetable fajita wrap

Pulled BBQ pork macaroni cheese



Hunters chicken



Pasta with carbonara sauce



Thursday

Jackfruit chili with jacket potato



Tomato macaroni cheese



Turkey escalope with caramelised onions



Scampi



Pasta with chicken and mushroom



Cafeteria Dinner Menus

14th - 20th
November 2022

Friday

Roasted vegetables with cajun tofu



Feta and butternut bake



Pork schnitzel with spicy slaw



Jerk chicken with lettuce, red onion and peach salad

Pasta with mushroom sauce



Saturday

Open burger of grilled mushrooms, fried aubergine salad and Caesar sauce

Bean burger, sauteed garlic mushrooms with hot sauce, salad and swiss cheese



Southern fried chicken burger, hot sauce, salad, and Swiss cheese



Pulled beef brisket with kimichi and cheese



Pasta with vegetable bolognese



Sunday

Red onion and mushroom filo parcel



Baked butternut squash



Roast beef, Yorkshire



Lamb and root vegetable pie



Pasta with broccoli and blue cheese



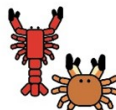
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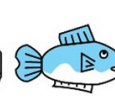
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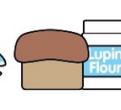
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