Monday

Lentil cottage pie
Butternut, leek, onion and stilton gratin
Turkey escalope with paprika and peppers
Toad in the hole with onion gravy
Fish of the day

Tuesday

Slow cooked jackfruit chili
Vegetable pasta with black olives and basil
Chicken with tomato and olive sauce
Pork and pepper kebab with red cabbage salad
Fish of the day

Wednesday

Pasta with super greens and kale pesto
Bean and vegetable quesadilla
Grilled pork with apple sauce and cheddar crust
Chicken and mushroom pasta bake
Fish of the day

Thursday

Mushroom, celeriac and lentil "hotpot"
Brie, red onion and spinach filo parcel
Roast turkey breast with cranberry sauce
Beef 'BLT' burger
Fish of the day

Friday

Moroccan spiced tofu with tabbouleh salad
Curried cauliflower steak with onion salad
Cajun spiced drumsticks with onions
BBQ pork ribs with coleslaw
Battered fish

Saturday & Sun (Brunch)

Sausage
Vegan Sausage
Bacon
Fried Egg
Scrambled egg
Mushrooms
Baked beans
Hash browns

While we take steps to minimise the risk of cross-contamination, all of our products are produced in an environment that contains other allergens.
<table>
<thead>
<tr>
<th><strong>Monday</strong></th>
<th><strong>Tuesday</strong></th>
<th><strong>Wednesday</strong></th>
<th><strong>Thursday</strong></th>
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<tbody>
<tr>
<td>Stuffed courgettes with roasted vegetables and tomato sauce</td>
<td>Vegetable lasagne</td>
<td>Jacket potato with spinach and garlic mushroom</td>
<td>Mushroom, courgette and squash quinoa cake</td>
<td>Bhaji burger, mango chutney salad</td>
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<tr>
<td>Vegetable lasagne</td>
<td>Beef lasagne</td>
<td>Root vegetable stew</td>
<td>Tomato macaroni cheese</td>
<td>Bean burger, sauteed garlic mushrooms with hot sauce, salad and Swiss</td>
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<tr>
<td>Spiced chicken breast with marinated onion salad</td>
<td>Spiced chicken breast with marinated onion salad</td>
<td>Glazed oriental duck leg</td>
<td>Turkey escalope with mushroom sauce</td>
<td>Southern fried chicken burger, hot sauce, salad, and Swiss cheese</td>
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<tr>
<td>Pasta with tomato sauce</td>
<td>Salami, olive, mushroom and</td>
<td>Chicken stir fry</td>
<td>Grilled bacon steak with honey and mustard glaze</td>
<td>Beef, hash brown, bacon and cheese</td>
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<td></td>
<td>Spicy meatball, rocket and mozzarella pizza</td>
<td>Pasta with carbonara sauce</td>
<td>Pasta with chicken and mushroom sauce</td>
<td>Pasta with bolognase sauce</td>
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**Saturday**

No Saturday menu is provided.

**Sunday**

<table>
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<tr>
<th><strong>Sunday</strong></th>
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<tbody>
<tr>
<td>Mushroom and red onion risotto</td>
<td>Vegetable filo parcel</td>
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<tr>
<td>Roast turkey with cranberry sauce</td>
<td>Fish wellington with dill cream sauce</td>
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<td>Pasta with broccoli and blue cheese</td>
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