**Monday**

- BBQ tofu and pepper skewers
- Bacon chop with tomato compote
- Turkey escalope with chimichurri
- Fish of the day

**Tuesday**

- Jacket potato stuffed with garlic, mushrooms, red onion and spinach
- Jackfruit and lentil stew
- Coq au vin
- Pork steak with mustard cream sauce
- Fish of the day

**Wednesday**

- Butternut red onion and gnocchi bake
- Root vegetable and mustard crumble
- Breaded turkey escalope with warm tomato salad
- Homemade Cornish pasty with grained mustard gravy
- Fish of the day

**Thursday**

- Quinoa, black bean and butternut squash chilli
- Mushroom risotto
- Roast chicken with sage and onion stuffing and gravy
- Pulled pork and cheddar wrap
- Fish of the day

**Friday**

- Baked pepper with vegetables and vegan cheese
- Macaroni cheese with tomato
- BBQ glazed chicken breast
- Cajun sausages with peppers and onion
- Battered fish

**Saturday & Sunday**

- Sausage
- Vegan Sausage
- Bacon
- Fried Egg
- Scrambled egg
- Mushrooms
- Baked beans
- Hash browns

While we take steps to minimise the risk of cross-contamination, all of our products are produced in an environment that contains other allergens.
Monday
Stuffed pepper with cous cous and vegetables
Ricotta and spinach gnocchi with
Bacon and mushroom pasta bake
Oregano and paprika chicken
Pasta with tomato sauce

Tuesday
Vegetable and black bean chili
Stuffed mushroom with brie, onion & leeks
Turkey chili
Cajun sausages with roast pepper and onion
Pasta with bolognese sauce

Wednesday
Jackfruit Thai curry
Vegetable curry
Katsu chicken curry
Lamb madras
Pasta with carbonara sauce

Thursday
Tofu steak with spinach, onion and beans
Butternut squash and lentil stew
Beef and chorizo stew
Sweet chili chicken leg
Pasta with chicken and mushroom

Friday
Vegetable quesadilla with tomato chutney
Tomato and mozzarella arancini
Minute steak with mushroom cream sauce
Herb and garlic bacon chop
Pasta with mushroom sauce

Saturday
Open burger of grilled mushrooms, fried aubergine salad and Caesar sauce
Bean burger, sauteed garlic mushrooms with hot sauce, salad and swiss cheese
Southern fried chicken burger, hot sauce,
Pulled beef brisket with kimichi and cheese
Pasta with vegetable bolognese

Sunday
Root vegetable and bean stew
Mushroom and caramelized onion quiche
Pan fried breast of chicken with
Roast gammon with gravy
Pasta with broccoli and blue cheese

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