

Monday

BBQ tofu and pepper skewers



Bacon chop with tomato compote



Turkey escalope with chimichurri



Fish of the day



Tuesday

Jacket potato stuffed with garlic, mushrooms, red onion and spinach

Jackfruit and lentil stew



Coq au vin



Pork steak with mustard cream sauce



Fish of the day



Wednesday

Butternut red onion and gnocchi bake



Root vegetable and mustard crumble



Breaded turkey escalope with warm tomato salad



Homemade Cornish pasty with grained mustard gravy



Fish of the day



Thursday

Quinoa, black bean and butternut squash chilli



Mushroom risotto



Roast chicken with sage and onion stuffing and gravy



Pulled pork and cheddar wrap



Fish of the day



Cafeteria Lunch Menus

21st - 27th
November 2022

Friday - Commemoration Day

Vegetable spring rolls

Coq au Vin

Trout meuniere

Battered fish



Saturday & Sunday (Brunch)

Sausage



Vegan Sausage



Bacon

Fried Egg



Scrambled egg



Mushrooms

Baked beans

Hash browns

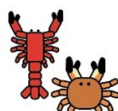
While we take steps to minimise the risk of cross-contamination, all of our products are produced in an environment that contains other allergens.



Celery



Cereals
containing Gluten



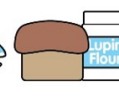
Crustaceans



Egg



Fish



Lupin



Milk



Crustaceans



Mustard



Nuts



Peanuts



Sesame seeds



Soya



Sulphur
Dioxide



Monday

Stuffed pepper with cous cous and vegetables



Ricotta and spinach gnocchi with



Bacon and mushroom pasta bake



Oregano and paprika chicken

Pasta with tomato sauce



Tuesday

Vegetable and black bean chili



Stuffed mushroom with brie, onion & leeks



Turkey chili



Cajun sausages with roast pepper and onion



Pasta with bolognese sauce



Wednesday

Jackfruit Thai curry



Vegetable curry

Katsu chicken curry



Lamb madras



Pasta with carbonara sauce



Thursday

Tofu steak with spinach, onion and beans



Butternut squash and lentil stew

Beef and chorizo stew

Sweet chili chicken leg



Pasta with chicken and mushroom sauce



Cafeteria Dinner Menu

21st - 27th
November 2022

Friday

Vegetable quesadilla with tomato chutney



Tomato and mozzarella arancini



Minute steak with mushroom cream sauce



Herb and garlic bacon chop



Pasta with mushroom sauce



Saturday

Open burger of grilled mushrooms, fried aubergine salad and Caesar sauce

Bean burger, sauteed garlic mushrooms with hot sauce, salad and swiss cheese



Southern fried chicken burger, hot sauce, salad, and Swiss cheese



Pulled beef brisket with kimichi and cheese



Pasta with vegetable bolognese



Sunday

Root vegetable and bean stew



Mushroom and caramelized onion quiche



Pan fried breast of chicken with

Roast gammon with gravy

Pasta with broccoli and blue cheese



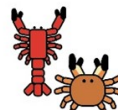
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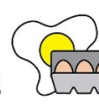
Celery



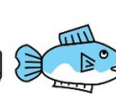
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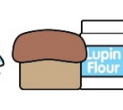
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