LUNCH CAFETERIA MENU - 2019 Week commencing 3rd June

Monday 3rd June 2019	Tuesday 4th June 2019	Wednesday 5th June 2019	Thursday 6th June 2019	Friday 7th June 2019	Saturday 8th June 2019	Sunday 9th June 2019
Meat Options	**Meat Options**	**Meat Options**	**Meat Options**	**Meat Options**	**Meat Options**	**Meat Options**
Chili Con Carne	Powters Pork & Apple Burger with Pickled Slaw	Lamb Rogan Josh with Naan Bread	Roast Chicken with Sage & Onion Stuffing	Catch of the day	Chili Beef Stir Fry	
Louisiana Sausage Jambalaya with Blackened Chicken	Hoi Sin Glazed Duck Leg with Cucumber and chili Salad	Chicken Thighs with Chasseur	Braised Beef Meatballs in Tomato & Pesto Sauce	Chicken & Mushroom Pie with Roast Onion Gravy	Chinese Roasted Duck Leg with Soy, Honey & Bok Choi	
Three Bean Chili	Moroccan Spiced Vegetable Tagine	Roasted Cauliflower Chickpea & Spanish Curry with Naan	Nut Roast with Wild Mushroom Sauce	Butternut Gnocchi with Feta, Sage & Cream Sauce	BBQ Vegie Slaw Burger	
Fish of the day	Fish of the day	Fish of the day	Fish of the day	Fish of the day	Fish of the day	
Vegan/Gluten Free Option	**Vegan/Gluten Free Option**	**Vegan/Gluten Free Option**	**Vegan/Gluten Free Option**	**Vegan/Gluten Free Option**	**Vegan/Gluten Free Option**	
Baked beans	Sautéed Spinach, Mushroom and Garlic	Vegetable Curry	Vegetable Bolognaise	Spicy Chick Peas & Leeks		Brunch
Potato & Vegetable Options	**Potato & Vegetable Options**	**Potato & Vegetable Options**	**Potato & Vegetable Options**	**Potato & Vegetable Options**	**Potato & Vegetable Options**	**Potato & Vegetable Options**
Broccoli	Steamed Leeks	Steamed Spinach	Cauliflower Cheese	Spring Greens	Pak Choi	
Roasted Mooli	Mixed Roasted Roots	Cumin Roasted Carrots	Thyme Roasted Butternut	Roasted Fennel	Kohlrabi with Soy	
Roasted Green Beans	Peas	Runner Beans	Broad Beans	Mushy peas	Sesame Green Beans	
Spicy Wedges	Roasted New Potatoes	Saga Loo	Crushed Herb New Potatoes	Chips	Sautéed Potatoes	
Israeli Cous Cous	Wild Rice	Mixed Grains	Cracked Wheat	Green Quinoa		
Pasta	Pasta	Pasta	Pasta	Pasta		
Soup of the Day	**Soup of the Day**	**Soup of the Day**	**Soup of the Day**	**Soup of the Day**	**Soup of the Day**	**Soup of the Day**
Broccoli and Stilton	French Onion	Tomato and Basil	Butternut Squash	Vegetable	Pea and Mint	

DINNER CAFETERIA MENU - 2019 Week commencing 3rd June

Monday 3rd June 2019	Tuesday 4th June 2019	Wednesday 5th June 2019	Thursday 6th June 2019	Friday 7th June 2019	Saturday 8th June 2019	Sunday 9th June 2019
Meat or Fish Options	**Meat or Fish Options**	**Meat or Fish Options**	**Meat or Fish Options**	**Meat or Fish Options**	**Meat or Fish Options**	**Meat or Fish Options**
Spicy Malay Chicken with Poppadum's	Minute Steak with Creamy Mushroom Sauce	Sheppard's Pie	Beef Lasagna	Butternut & Beef Braised Chili	Sticky BBQ Ribs	Roast Turkey with Cranberry Sauce
Beef Madras with Poppadum's	Pork & Leek Platt	Beef Bourguignon	Southern Grilled Chicken & Coleslaw	Chicken with Siracha Sauce	Spanish Pork Burger in Toasted Brioche Bun	Roast Lamb with Mint Sauce
Med Vegetable Lasagna	Stuffed Courgette with Roasted Vegetables & Mozzarella	Quorn & Vegetable Pie	Goats Cheese , Pea & Min Frittata	Vegetable Chili	Roasted Vegetable Spicy Pasta Bake	Roasted Vegetable Wellington
Grilled fish of the day	Grilled fish of the day	Grilled fish of the day	Grilled fish of the day	Grilled fish of the day		
Vegan Option	**Vegan Option**	**Vegan Option**	**Vegan Option**	**Vegan Option**	**Vegan Option**	**Vegan Option**
Thai Red Tofu Curry	Three Bean Bake	Stuffed Aubergine with Vegetable Pilaf	Pea & Mint Risotto	Tomato , Rocket & Olive Pasta	n/a	n/a
Potato & Vegetable Options	**Potato & Vegetable Options**	**Potato & Vegetable Options**	**Potato & Vegetable Options**	**Potato & Vegetable Options**	**Potato & Vegetable Options**	**Potato & Vegetable Options**
Bombay Potatoes	Sauté	Chive Mash	Spicy Wedges	Sweet Potato Fries	Chips	Rosemary Roast Potatoes
Steamed Rice	Cous Co-us	Cracked Wheat	Mixed Grain	Wild Rice		
Spinach	Steamed Cabbage	Broccoli	Kale	Chinese Cabbage	Spinach	Braised Red Cabbage
Garlic Roasted Butternut Squash	Roasted Celeriac	Steamed Carrots	Roast Beetroot with Red Onion	Peppered Swede	Steamed Courgette	Mixed Roast Root Vegetable