MONDAY

Braised duck leg with orange sauce (c)
Butternut and vegetable wellington (g)
Minute steak with red wine gravy (c,su)
Fish of the day

TUESDAY

Chicken breast with mushroom sauce (c,d)
Baked vegetable risotto ©
Beef chilli jacket potato and cheese (d,su,c)
Fish of the day

WEDNESDAY

Lamb meat balls with olive, feta and tomato (c,d)
Macaroni cheese with tomato (so,c,g)
Cajun turkey
Fish of the day

THURSDAY

Roast chicken leg with forestier sauce (c)
Root vegetable parcel (g)
Pork and leek platt (g,e)
Fish of the day

FRIDAY

Braised beef shin kebab with onion salad and spiced tomato ketchup (g,c,su)
Vegetable pasta bake (c,g)
BBQ ribs (su,mu)
Breaded fish with tartare sauce (f,d,g,e)

SATURDAY & SUNDAY

BRUNCH
Sausage(g), Vegan Sausage (g), Bacon,
Fried Egg(e), Scrambled egg(e,d), Mushrooms,
Baked beans, Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites
**Cafeteria Dinner Menus**
10th - 16th May 2021

**MONDAY**
Beef meat balls with tomato sauce (su,c)
Stuffed courgette with roasted vegetables (c)
Herb roasted chicken breast
  with tomato sauce (c,su)
Fish of the day

**TUESDAY**
Pork steak with paprika sauce (c,d)
Cauliflower macaroni pasta bake (g,so)
Mediterranean lamb steak
Fish of the day

**WEDNESDAY**

**Greek night**
Chicken gyros with pitta bread and tzatziki (d,g)
Vegetable kebab with spiced tomato compote (g,su)
Pork and vegetable kebab
Fish of the day

**THURSDAY**
Lamb stew with red wine and rosemary (c,su)
Wild rice and root vegetable coulibiac (g)
Beef and ale pie (c,su,g)
Fish of the day

**FRIDAY**
Gammon and egg
Vegetable and lentil sausage roll (g)
Sweet chilli chicken thighs (so,su)
Scampi, tartare sauce and lemon (cr,g,e)

**SATURDAY**

**Burger night**
Fish burger (f,g,e)
Cheese beef burger (d,g)
Vegetable burger (g)
Breaded chicken burger
  with garlic mayo (mu,e,g,d)

**SUNDAY**
Roast chicken (c)
Vegetable filo parcel with rosemary gravy (c,g)
Pork steak with mustard sauce (c,d,mo)
Fish of the day

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