MONDAY

Turkey escalope with tomato sauce (c,su)
Chunky vegetable chilli (c)
Fish of the day

TUESDAY

Thai green chicken curry (c,so)
Thai green jack fruit and vegetable curry (c,so)
Fish of the day

WEDNESDAY

Beef lasagne (c,g,d)
Vegan lasagne (c,so,g)
Fish of the day

THURSDAY

Leg of lamb steak (c)
Vegetable crumble with mustard gravy (mu,g)
Fish of the day

FRIDAY

Homemade pork and sage sausage roll (g,e)
Bean and vegetable sausage roll (g,e,c)
Battered fish with tartare sauce (g,f)

SATURDAY & SUNDAY

BRUNCH
Sausage (g), Vegan Sausage (g), Bacon,
Fried Egg (e), Scrambled egg (e,d), Mushrooms,
Baked beans, Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites
Cafeteria Dinner Menus  
12th - 18th April 2021

MONDAY
Grilled lamb steak with tomato, oregano and feta topping (d)
Stuffed aubergine with tabbouleh (c,g)
Fish of the day

TUESDAY
Cottage pie with herb mash (c,su,d)
Vegetable cottage pie (c,su,d)
Fish of the day

WEDNESDAY
Indian night
Chicken madras (mu,c)
Vegetable korma (mu,c)
Fish curry (mu,c,f)

THURSDAY
Escalope of pork with mozzarella and bacon melt (d)
Red onion, squash and spinach turnover (g)
Fish of the day

FRIDAY
Chicken, gherkin, cheddar and onion quesadilla (su,d,g)
Vegetable enchiladas bakes in tomato sauce (c,g)
Fish of the day

SATURDAY
Pizza night
Tuna (f,c,g,d)
Pepperoni (c,d,g)
Courgette and pepper (g)

SUNDAY
Roast leg of lamb (c)
Cauliflower cheese turnover with mustard (mu,g,so)
Fish of the day

(d) = dairy  (g) = gluten  (f) = fish  (c) = celery  (cr) = crustaceans
(mu) = mustard  (p) = peanuts  (so) = soya  (e) = egg  (l) = lupin
(mo) = molluscs  (n) = nuts  (ss) = sesame  (su) = sulphites