Cafeteria Lunch Menus
15th - 21st March 2021

MONDAY

Pork steak with mushroom and mustard sauce (c,d,mu)
Roasted winter vegetable filo parcel (g,c)
Fish of the day

FRIDAY

Paprika and herb turkey escalope with sautéed peppers
Battered jackfruit (g)
Battered fish with tartare sauce (g, f)

SATURDAY & SUNDAY

BRUNCH
Sausage(g), Vegan Sausage (g), Bacon, Fried Egg(e), Scrambled egg(e,d), Mushrooms, Baked beans, Hash browns

TUESDAY

Lamb and rosemary pie with gravy (c,g,su)
Root vegetable pie with gravy (g,c)
Fish pie (f,su,cr,d)

WEDNESDAY

Beef meatballs with tomato sauce (c,su)
Roasted vegetables with olives in tomato sauce (c, su)
Fish of the day

THURSDAY

Roast leg of pork with apple sauce and gravy (c)
Cranberry and rosemary cracker wheat stuffed squash (g,c)
Fish of the day

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans (mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin (mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites
MONDAY

Minute steak with tomato and goats cheese (d)
Lemon and herb marinated
with cous cous (g,so,c)
Fish of the day

TUESDAY

Lemon and herb turkey escalope
Stuffed courgette with roasted vegetables
Fish of the day

WEDNESDAY

Jacket potato night
Beef chilli con carne (c)
Vegetable curry (mu,c)
Tuna sweetcorn mayo (mu,e,f)

THURSDAY

Chicken thighs with Chasseur sauce (su,c)
Whole wheat pasta and vegetable bake (c,g)
Fish of the day

FRIDAY

Spice lamb kebab with mint yogurt (d,g)
Roasted vegetable kebab
Fish of the day

SATURDAY

Burger night
Fish burger (f,g,e,d)
Chicken burger (g)
Vegetable burger (g)

SUNDAY

Roast beef with Yorkshire pudding (c,d,e,g)
Onion tarte de tatin (g)
Fish of the day