**MONDAY**

Bacon chop with fried egg (e)
Turkey escalope with tomato sauce (c,su)
Chunky vegetable chilli (c)
Fish of the day

**TUESDAY**

Cajun sausages with bakes Israeli cous cous (g,c)
Thai green chicken curry (c,so)
Thai green jack fruit and vegetable curry (c,so)
Fish of the day

**WEDNESDAY**

Seasame breaded chciekn burger
with slaw (g,se,mu,e)

Beef lasagne (c,g,d)
Vegan lasagne (c,so,g)
Fish of the day

**THURSDAY**

Roast lemon and thyme chicken leg
Leg of lamb steak (c)
Vegetable crumble with mustard gravy (mu,g)
Fish of the day

**FRIDAY**

Turkey lasagne (c,g,d)
Homemade pork and sage sausage roll (g,e)
Bean and vegetable sausage roll (g,e,c)
Battered fish with tartare sauce (g,f)

**SATURDAY & SUNDAY**

**BRUNCH**

Sausage(g), Vegan Sausage (g), Bacon,
Fried Egg(e), Scrambled egg(e,d), Mushrooms,
Baked beans, Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites
Cafeteria
Dinner
Menus
21st - 27th June
2021

MONDAY
BBQ chicken breast (su,mu)
Grilled lamb steak with tomato, oregano
and feta topping (d)
Stuffed aubergine with tabbouleh (c,g)
Fish of the day

TUESDAY
Bacon carbonara with spaghetti (g,d)
Cottage pie with herb mash (c,su,d)
Vegetable cottage pie (c,su,d)
Fish of the day

WEDNESDAY
Indian night
Chicken madras (mu,c)
Vegetable korma (mu,c)
Fish curry (mu,c,f)
Spiced sausage jambalaya (g,mu,c)

THURSDAY
Turkey stroganoff with rice (d,mu,c)
Escalope of pork with mozzarella
and bacon melt (d)
Red onion, squash and spinach turnover (g)
Fish of the day

FRIDAY
Spiced minute steak
Chicken, gherkin, cheddar and onion
quesadilla (su,d,g)
Vegetable enchiladas bakes in tomato
sauce (c,g)
Fish of the day

SATURDAY
Pizza night
Tuna pizza(f,c,g,d)
Pepperoni pizza(c,d,g)
Courgette and pepper pizza (g)
Maple glazed pork ribs (su)

SUNDAY
Roast leg of lamb (c)
Cauliflower cheese turnover
with mustard (mu,g,so)
Pork steak with apple chutney
Fish of the day

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(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites