Cafeteria
Lunch
Menus
29th March - 4th April 2021

FRIDAY

Hunters chicken (d,su)
Vegetable burger with pickled vegetables (sy,so,g)
Battered fish with tartare sauce (g,f)

SATURDAY & SUNDAY

BRUNCH
Sausage (g), Vegan Sausage (g), Bacon,
Fried Egg (e), Scrambled egg (e,d), Mushrooms,
Baked beans, Hash browns

MONDAY

Breaded turkey escalope with chilli coleslaw (mu,d,e,g)
Vegetable quesadilla (g,c)
Fish of the day

TUESDAY

Lemon and oregano chicken thighs with cous cous (g)
Vegetable tagine with cous cous (g, su, c)
Fish of the day

WEDNESDAY

Lamb moussaka (c,d)
Roast vegetable moussaka (c, so)
Fish of the day

THURSDAY

Roast topside of beef with Yorkshire pudding and gravy (c,d,e,g)
Root vegetable cassoulet (c)
Fish of the day

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans (mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin (mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites
**MONDAY**

Chicken and mushroom pie (d,g,su,c)
Root vegetable pie (c,g)
Fish of the day

**TUESDAY**

Slow roast hoi sin duck leg
   with cabbage salad (ss,c,g,so)
Chilli and garlic marinated tofu
   with cabbage salad (so)
Fish of the day

**WEDNESDAY**

**Spanish night**
Chicken paella (c)
Vegetable paella (c)
Fish of the day

**THURSDAY**

Pork meat balls with mustard cream sauce
   (mu,d,c)
Butternut and lentil cake (g,s)
Fish of the day

**FRIDAY**

Beef macaroni (su,g,d)
Macaroni vegan cheese (so,g,c)
Fish of the day

**SATURDAY**

**Chinese night**
Sweet and sour chicken (su,c)
Tofu and vegetable
   in black bean sauce (so,c,su,g)
Prawn chow mein (cr,c,so,g)

**SUNDAY**

Roast turkey with gravy (c)
Beetroot and sweet potato pastry (g)
Fish of the day

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