MONDAY
Gammon with fried egg
Stuffed squash with spiced mixed grains
Fish of the day

TUESDAY
Beef bolognese with spaghetti
Lentil and vegetable bolognese with spaghetti
Fish of the day

WEDNESDAY
Chicken curry with naan bread
Thai green vegetable curry with naan bread
Fish of the day

THURSDAY
Roast duck leg with onion gravy
Root vegetable and herb crumble
Fish of the day

FRIDAY
Herb sausage roll
Mushroom quinoa cake with herby salsa
Battered fish with tartare sauce

SATURDAY & SUNDAY
BRUNCH
Sausage, Vegetarian Sausage, Bacon, Fried Egg, Scrambled egg, Mushrooms, Baked beans, Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans (mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin (mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites
Cafeteria
Dinner
Menus
7th - 13th
December 2020

MONDAY
Piri piri chicken thighs
Piri piri tofu with black beans
Fish of the day

TUESDAY
Lemon and herb turkey escalope
Mushroom risotto
Fish of the day

WEDNESDAY
Spanish night
Chorizo and chicken paella
Vegetable paella
Fish of the day

THURSDAY
Lamb hot pot
Vegetable hot pot
Fish of the day

FRIDAY
Beef bolognaisewith pasta
Roasted vegetables and pasta in tomato and olive sauce
Fish of the day

SATURDAY
Pizza night
Meat feast pizza
Courgette and pepper pizza
Tuna and sweetcorn pizza

SUNDAY
Roast duck leg with orange sauce
Stuffed courgette with lentils and vegetables
Fish of the day

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