MONDAY
Gammon with fried egg
Stuffed squash with spiced mixed grains
Fish of the day

TUESDAY
Beef bolognese with spaghetti
Lentil and vegetable bolognese
with spaghetti
Fish of the day

WEDNESDAY
Chicken curry with naan bread
Thai green vegetable curry
with naan bread
Fish of the day

THURSDAY
Roast duck leg with onion gravy
Root vegetable and herb crumble
Fish of the day

FRIDAY
Herb sausage roll
Mushroom quinoa cake with herby salsa
Battered fish with tartare sauce

SATURDAY & SUNDAY
BRUNCH
Sausage, Vegetarian Sausage, Bacon, Fried Egg,
Scrambled egg, Mushrooms, Baked beans,
Hash browns

(d) = dairy (g) = gluten (f) = fish (c) = celery (cr) = crustaceans
(mu) = mustard (p) = peanuts (so) = soya (e) = egg (l) = lupin
(mo) = molluscs (n) = nuts (ss) = sesame (su) = sulphites
FRIDAY
Beef bolognaisewith pasta
Roasted vegetables and pasta in tomato and olive sauce
Fish of the day
SATURDAY
Pizza night
Meat feast pizza
Courgette and pepper pizza
Tuna and sweetcorn pizza
SUNDAY
Roast duck leg with orange sauce
Stuffed courgette with lentils and vegetables
Fish of the day

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